

COCA-COLA 5 MILER (8K)
RICHMOND, VA - NOVEMBER 13, 1999
OFFICIAL RESULTS
1652 FINISHERS

O'ALL	DIV NAME	CITY	STATE	AG	TIME
MALE OVERALL					
1	1 Leonard Mucheru	West Chester	Pa	24	22:50
2	2 Joseph Kariuki	Royersford	Pa	29	23:05
3	3 Joseph Ndiritu	Hamilton	On	25	23:16
4	4 Lemma Bonssa	Silver Spring	Md	22	23:17
5	5 Bob Henes	Cary	Nc	31	23:27
FEMALE OVERALL					
1	23 Tania Jones	Maple	On	30	26:53
2	24 Marty Shue	Annapolis	Md	31	27:25
3	28 Naomi Wangui	West Chester	Pa	20	27:41
4	34 Beth Green	Montross	Va	25	28:04
5	43 Michele Chalmers	Missoula	Mt	32	28:44
MALE MASTERS					
1	10 John Tuttle	Douglasville	Ga	41	23:57
2	17 Amit Ne'eman	Durham	Nc	41	24:56
3	25 Thad Jones	Richmond	Va	43	27:31
FEMALE MASTERS					
1	78 Sheri Segal	Virginia Beach	Va	42	31:34
2	133 Deb Mattes	Richmond	Va	42	33:36
3	210 Anita Barnhart	Center Cross	Va	43	35:35
MALE 9-UNDER					
1	1141 Drew Massengill	Richmond	Va	9	47:41
2	1554 Bronson Mylius	Richmond	Va	8	57:12
FEMALE 9-UNDER					
1	310 Lindsay Kent	Yorktown	Va	9	37:10
2	1185 Megan Donaher	Chesterfield	Va	9	48:22
MALE 10-14					
1	72 Ryan Kent	Yorktown	Va	13	31:18
2	126 Matt Macdougall	Newport News	Va	14	33:12
3	136 Mark Guinan	Mechanicsville	Va	14	33:44
4	145 Donny Ooton	Mechanicsville	Va	14	34:00
5	174 Peter Goergen, Jr.	Midlothian	Va	13	34:45
6	184 Nick King	Didwidoie	Va	13	34:56
7	186 Jay Doran	Richmond	Va	14	35:03
8	194 Chris Keck	Mechanicsville	Va	13	35:10
9	204 Joshua Hale	Chester	Va	12	35:25
10	209 Jamie Webb	Chesterfield	Va	12	35:35
11	212 Tommy Roberts	Mechanicsville	Va	13	35:36
12	257 Christopher Gibbs	Richmond	Va	14	36:28
13	259 Jordan Zdanek	Midlothian	Va	12	36:30
14	270 Jon-Mark Overvold	Richmond	Va	12	36:36
15	280 Evan Nasteff	Richmond	Va	14	36:42
16	281 Kyle Koehler	Mechanicsville	Va	14	36:42
17	288 Timothy Holt	Mechanicsville	Va	14	36:49
18	293 Samuel Baronian Iii	Richmond	Va	13	36:52
19	317 Victor Fedorov	Richmond	Va	14	37:14

20	385 Matt Bryan	Mechanicsville	Va	14	38:06
21	395 Jeff Linka	Richmond	Va	14	38:12
22	414 J.c. Fain	Richmond	Va	14	38:30
23	415 Bart Tracy	Richmond	Va	14	38:31
24	463 Zach Crump	Mechanicsville	Va	14	39:01
25	477 Daniel Folkes	Mechanicsville	Va	14	39:08
26	496 Brandon Birckhead	Richmond	Va	11	39:17
27	515 Ryan Sandefur	Mechanicsville	Va	14	39:26
28	528 Matthew Davis	Culpeper	Va	14	39:40
29	578 Byron Jarrett	Mechanicsville	Va	14	40:13
30	579 Reid Martin	Mechanicsville	Va	14	40:14
31	616 Sean Fitzpatrick	Mechanicsville	Va	14	40:39
32	649 Brendan Carroll	Mechanicsville	Va	14	41:06
33	654 Philip Mabry	Richmond	Va	10	41:11
34	701 Barrett Zehner	Alexandria	Va	10	41:46
35	703 Dos Allen	Etlan	Va	11	41:49
36	724 Abe Taylor	Mechanicsville	Va	12	42:08
37	736 Steven Puryear	Hanover	Va	14	42:17
38	746 Dennis Dj Elpick	Richmond	Va	14	42:22
39	771 Sam Duncan	Mechanicsville	Va	13	42:36
40	780 Kraig Cooper	Ellicott City	Md	14	42:43
41	817 Kane Corey	Richmond	Va	11	43:13
42	873 Matt Rader	Moseley	Va	12	43:53
43	874 Gregory Maccougall	Mechanicsville	Va	14	43:53
44	883 Robert Morris	Richmond	Va	14	44:00
45	894 Ben Francisco	Richmond	Va	14	44:10
46	922 Tony Dicken	Mechanicsville	Va	14	44:33
47	957 Justin Leep	Richmond	Va	14	45:07
48	982 Kevin Pryor	Moseley	Va	14	45:27
49	997 Elliott Retherford	Richmond	Va	13	45:41
50	1029 Chris Donaher	Chesterfield	Va	10	46:08
51	1077 Alex Decker	Reva	Va	14	46:51
52	1083 John Marchant	Richmond	Va	14	47:00
53	1099 Adam Giles	Mechanicsville	Va	14	47:10
54	1108 Shawn Tuthill Jr	Mechanicsville	Va	14	47:15
55	1215 Jonathan Axselle	Ashland	Va	12	48:57
56	1216 John Lewis Iii	Richmond	Va	10	48:57
57	1238 Paul Devalk	Richmond	Va	11	49:19
58	1304 Robert Tuthill	Mechanicsville	Va	11	50:51
59	1390 Jackie Deshazo	Mechanicsville	Va	14	52:24
60	1423 Justin Parker	Mechanicsville	Va	14	52:36
61	1490 Kandall Williams	Midlothian	Va	10	54:37
62	1503 Sean O'donnell	Richmond	Va	14	55:10
63	1586 Bryce Abbott	Richmond	Va	11	1:00:34

FEMALE 10-14

1	340 Samantha Saunders	Richmond	Va	13	37:25
2	399 Kaitlyn Hemsley	Midlothian	Va	13	38:20
3	575 RYANNE FLOYD	Culpeper	Va	12	40:12
4	704 Katy Jordan	Richmond	Va	12	41:49
5	712 Savannah Lazenby	Midlothian	Va	12	41:56
6	734 Rudie Carter	Jeffersonton	Va	14	42:15
7	791 Rebecca Peters	Evington	Va	13	42:53

8	825 Jamie Zehner	Alexandria	Va	14	43:20
9	826 Margaret Overton	Richmond	Va	13	43:22
10	829 Peyton Cheely	Richmond	Va	14	43:24
11	847 Ellen Golden	Ashland	Va	14	43:34
12	1062 Meghan Creef	Midlothian	Va	13	46:38
13	1090 Heather Noe	Midlothian	Va	12	47:05
14	1189 Kendall Massengill	Richmond	Va	11	48:26
15	1261 Elise Beavers	Midlothian	Va	14	49:39
16	1313 Mary Ann Mcvay	Louisa	Va	11	51:02
17	1376 Laura Condyles	Mechanicsville	Va	11	52:11
18	1450 Meghan Shreve	Richmond	Va	14	53:26
19	1491 Leslie Rae Williams	Midlothian	Va	13	54:39
20	1537 Ryan Goodman	Richmond	Va	11	56:35
21	1599 Carlyle Powell	Richmond	Va	12	1:02:02

MALE 15-19

1	13 Charles Njeru	West Chester	Pa	18	24:27
2	21 Christian McMurray	Williamsburg	Va	19	26:19
3	26 Ryan Walker	Chester	Va	18	27:32
4	32 Richard Donohue	Winchester	Ma	19	27:52
5	41 Thomas Gorski	Lexington	Va	17	28:16
6	50 Lee Withers	Mechanicsville	Va	18	29:28
7	54 Jeffrey Watson	Dariennd	Ct	18	29:53
8	65 Peter Jackson	Richmond	Va	19	30:54
9	89 Michael Miller	Richmond	Va	17	31:52
10	93 Darin Buxbaum	Durham	Nc	18	32:06
11	128 James Farmer Iii	Pamplin	Va	18	33:22
12	130 Ron Maxfield	Mechanicsville	Va	16	33:29
13	144 Rett Turner	Manakin-Sabot	Va	17	33:59
14	149 Dean Breedlove	Mechanicsville	Va	17	34:07
15	150 Jason Southworth	Mechanicsville	Va	18	34:09
16	155 Liam Knox	Woodbridge	Va	17	34:11
17	163 Scott Honaker	Hopewell	Va	15	34:24
18	181 Brett Wilson	Midlothian	Va	15	34:53
19	196 Rabeel Valiani	Richmond	Va	17	35:12
20	201 Savrabh Desai	Durham	Nc	18	35:23
21	208 Adam Lantz	Mechanicsville	Va	17	35:31
22	230 Scott Lowry	Mechanicsville	Va	17	35:58
23	231 Andrew Breidenbaugh	Mechanisville	Va	18	35:58
24	232 Jason Barney	Glen Allen	Va	17	36:02
25	263 Sean O'donnell	Mechanicsville	Va	17	36:32
26	265 Charles Jones Iv	Richmond	Va	17	36:34
27	271 Earl Dyer	Richmond	Va	16	36:36
28	273 Tim Collins	Mechanicsville	Va	15	36:37
29	283 Gregory Durbin	Mechanicsville	Va	15	36:44
30	287 Adam Claar	Univ Of Richmond	Va	19	36:48
31	294 Michael Estes	Richmond	Va	17	36:57
32	297 John O'grady	Mechanicsville	Va	16	36:58
33	302 Sean France	Burke	Va	16	37:02
34	307 Bibhu Mainali	Richmond	Va	19	37:06
35	318 Will Trice	Richmond	Va	17	37:14
36	328 Willie Renzulli	Mechanicsville	Va	15	37:20
37	347 Zach Stern	Richmond	Va	16	37:29

38	360 Brian Zacharias	Midlothian	Va	15	37:42
39	384 James Perkins	Richmond	Va	18	38:05
40	398 Darden Bell	Ashland	Va	15	38:20
41	442 Jordan Saltzberg	Richmond	Va	15	38:49
42	455 Isaac Bernstein-Miller	Richmond	Va	15	38:57
43	461 Mark Koper	Richmond	Va	16	39:01
44	462 Graham Balentine	Richmond	Va	17	39:01
45	467 Robert Knox	Richmond	Va	15	39:03
46	478 Seth Shreve	Midlothian	Va	18	39:08
47	512 Kevin Duke	Ashland	Va	15	39:24
48	521 Paul Healey	Mechanicsville	Va	16	39:29
49	536 Devin Marrow	Mechanicsville	Va	16	39:46
50	553 David Pascucci	Mechanicsville	Va	16	39:58
51	570 Jay Smith	Mechanicsville	Va	15	40:10
52	591 Chris Gregory	Hopewell	Va	16	40:23
53	638 Jason Lange	Mechanicsville	Va	17	41:00
54	652 Phillip Perrow	Richmond	Va	18	41:08
55	660 Will Allen	Richmond	Va	15	41:19
56	683 Patrick Malecky	Richmond	Va	18	41:36
57	710 Chip Diacont	Mechanicsville	Va	15	41:54
58	719 Chris Anderson	Richmond	Va	15	42:02
59	753 Daniel Goodman	Richmond	Va	16	42:27
60	775 Brandon Johnson	Richmond	Va	15	42:39
61	793 Sean Perkins	Mechanicsville	Va	15	42:55
62	828 Charles Thorsen	Richmond	Va	17	43:23
63	987 Jong Dak	Richmond	Va	15	45:31
64	993 Greg Harris	Mechanicsville	Va	15	45:37
65	998 Daniel Moore	Richmond	Va	15	45:42
66	1008 Jack Raney	Midlothian	Va	16	45:49
67	1011 Brandon Montijo	Midlothian	Va	19	45:54
68	1035 Jason Coleman	Mechanicsville	Va	15	46:12
69	1048 Dayal Baxani	Richmond	Va	17	46:28
70	1072 Lou Derderian	Mechanicsville	Va	15	46:45
71	1086 Scott Doty	Mechanicsville	Va	15	47:03
72	1124 Scott Dixon	Mechanicsville	Va	15	47:30
73	1152 Jake Taylor	Mechanicsville	Va	15	47:52
74	1161 Hunter Brooks	Mechanicsville	Va	17	47:58
75	1171 Daniel Roccaforte	Mechanicsville	Va	16	48:03
76	1178 Mark Farmer	Mechanicsville	Va	15	48:14
77	1352 Gregory Carter	Mechanicsville	Va	15	51:43
78	1372 Mike Stank	Mechanicsville	Va	15	52:05
79	1379 Lathan Wells	Mechanicsville	Va	15	52:14
80	1416 Mark Fitzpatrick	Mechanicsville	Va	17	52:34

FEMALE 15-19

1	148 Meredith Warren	Durham	Nc	19	34:06
2	199 Julie Farmer	Pamplin	Va	18	35:23
3	213 Lisa Park	Richmond	Va	16	35:36
4	255 Amanda Manhattan	Richmond	Va	17	36:27
5	269 Brittany Rhoney	Richmond	Va	16	36:35
6	275 Jennifer Plumley	Richmond	Va	18	36:38
7	325 Whitney Moses	Charlottesville	Va	19	37:18
8	344 Julie Harris	Richmond	Va	15	37:28

9	357 Melissa Mautte	Mechanicsville	Va	19	37:38
10	434 Carrie Shreve	Midlothian	Va	17	38:46
11	454 Alden Ramsey	Richmond	Va	18	38:57
12	456 Amber Young	Richmond	Va	15	38:58
13	464 A. Rebecca Saunders	Richmond	Va	15	39:01
14	476 Elizabeth Smith	Midlothian	Va	17	39:08
15	481 Ann Heisler	Richmond	Va	16	39:12
16	483 Amanda Knowles	Glen Allen	Va	17	39:14
17	486 Amy Pickels	Glen Allen	Va	17	39:15
18	504 Erika Willard	Mechanicsville	Va	19	39:21
19	542 Cameron Chandler	Richmond	Va	17	39:50
20	691 Robyn Schaperjahn	Midlothian	Va	15	41:40
21	851 Chloe Mackay	U Of Richmond	Va	19	43:38
22	891 Erin Willard	Mechanicsville	Va	19	44:08
23	928 Jessica Noe	Midlothian	Va	16	44:37
24	950 Emily Golden	Ashland	Va	19	45:01
25	964 Meghan Gehr	Richmond	Va	17	45:12
26	1015 Karen Zatkulak	Midlothian	Va	17	45:56
27	1197 Hannah Moran	Williamsburg	Va	18	48:34
28	1198 Amy Wilson	Richmond	Va	18	48:34
29	1199 Heather Olson	Williamsburg	Va	18	48:35
30	1229 Meredith Byrne	Richmond	Va	15	49:11
31	1248 Susan Longest	Blacksburg	Va	18	49:26
32	1292 Megan Mann	Charlottesville	Va	19	50:37
33	1380 Silvia Verdicchio	Mechanicsville	Va	18	52:15
34	1521 Amy Lemons	Doswell	Va	17	55:59
35	1551 Joey Sanders	Ashland	Va	17	57:10
36	1602 Jamie Corell	Mechanicsville	Va	17	1:02:16
37	1603 Kara Cooper	Ellicott City	Md	16	1:02:27

MALE 20-24

1	12 Michael Cox	Blacksburg	Va	24	24:00
2	14 Aaron Price	Chapel Hill	Nc	22	24:34
3	16 Chris Pluchos	Brevard	Nc	24	24:56
4	19 Matt Legrand	Richmond	Va	20	26:05
5	35 Cole Collier	Richmond	Va	20	28:04
6	37 Hassan Grari	Lexington	Va	24	28:08
7	57 James Zalenski	Macomb	Mi	24	30:15
8	84 Michael Owings	Aroda	Va	24	31:44
9	96 Marcos Garcia	Durham	Nc	21	32:14
10	99 Matt Dodge	Virginia Beach	Va	23	32:15
11	109 Peter Eliassen	Richmond	Va	22	32:39
12	110 L.j. Mustian	Mechanicsville	Va	24	32:40
13	131 Nathan Chilas	Richmond	Va	23	33:31
14	156 Brian Sykora	Richmond	Va	24	34:11
15	161 Matt Leonard	Richmond	Va	23	34:21
16	185 Todd Harrell	Richmond	Va	20	35:02
17	215 Bob Wiltgen	Richmond	Va	24	35:38
18	220 Chip Tate	Richmond	Va	24	35:45
19	226 Peter Goodall	Norfolk	Va	24	35:55
20	266 Scott Saunders	Richmond	Va	24	36:34
21	346 Eric Simon	Richmond	Va	24	37:29
22	354 Trey Jackson	Richmond	Va	23	37:36

23	386 Peter Becker	Richmond	Va	22	38:06
24	418 Jeff Keller	Richmond	Va	24	38:32
25	443 Erik Groner	Richmond	Va	24	38:49
26	449 Timothy Halloran	Richmond	Va	23	38:52
27	522 Evan Fabricant	Ashland	Va	24	39:30
28	566 Jason Corcoran	Richmond	Va	22	40:08
29	573 John Seymore	Richmond	Va	22	40:11
30	620 Todd Edmonds	Richmond	Va	24	40:43
31	689 Chris Ford	Ashland	Va	21	41:39
32	700 Adam Mobley	Richmond	Va	24	41:43
33	727 Bailey Martin	Sanstone	Va	22	42:11
34	731 Vejas Skripkus	Richmond	Va	23	42:14
35	809 Nathan Bufand	Takoma Park	Md	22	43:08
36	838 Shane Martineau	Richmond	Va	24	43:29
37	862 Knox Milligan	Manakin-Sabat	Va	24	43:47
38	880 Brian Roberts	Richmond	Va	24	43:58
39	896 Christina O'donoghue	Richmond	Va	23	44:11
40	923 Justin Canada	Chesterfield	Va	24	44:34
41	941 Kevin Kane	Richmond	Va	22	44:49
42	981 Robert Alston	Ettrick	Va	24	45:27
43	1084 Jon Pace	Winston	Nc	20	47:01
44	1174 Brace Mullett	Lexington	Va	23	48:09
45	1190 Cliff Davis	Richmond	Va	24	48:26
46	1353 Marcel Michelli	Richmond	Va	23	51:44
47	1356 Brad Fernald	Richmond	Va	22	51:50
48	1396 Brian Carr	Richmond	Va	23	52:26
49	1398 Christopher Kopacki	Glen Allen	Va	21	52:26
50	1399 Mark Redman	Midlothian	Va	23	52:27
51	1401 Keith Dohl	Richmond	Va	23	52:28
52	1402 Joshua Cease	Richmond	Va	21	52:28
53	1407 Scott Wojenski	Richmond	Va	24	52:30
54	1415 Thomas MCGovern	Richmond	Va	22	52:34
55	1421 Brian Stanley	Richmond	Va	23	52:36
56	1428 Dibiassi Robinson	Richmond	Va	23	52:39
57	1429 Adam Taylor	Richmond	Va	24	52:39
58	1432 John Matsumoto	Richmond	Va	23	52:41
59	1547 Pedro Nunez	Porterville	Ca	21	57:03
60	1569 Elgin Hicks	Richmond	Va	23	58:47

FEMALE 20-24

1	81 Kate Miller	Richmond	Va	23	31:39
2	102 Jennifer Lakas	Midlothian	Va	23	32:26
3	134 Julia Baskin	Richmond	Va	22	33:38
4	140 Christina Wescott	Richmond	Va	24	33:53
5	170 Hope Troman	Richmond	Va	21	34:40
6	223 Kristi Wietzke	Hickory	Nc	24	35:49
7	235 Ashton Jennette	Richmond	Va	23	36:08
8	305 Monica Carlson	Durham	Nc	20	37:04
9	308 Manya Rosypal	Richmond	Va	24	37:07
10	316 Stephanie Ellicott	Richmond	Va	23	37:13
11	323 Tammy Millsaps	Richmond	Va	23	37:17
12	333 Emily Gaines	Richmond	Va	23	37:22
13	431 Rebecca Owings	Aroda	Va	23	38:45

14	441 Michele Maiola	Richmond	Va	22	38:49
15	447 Erin Smith	Richmond	Va	23	38:51
16	498 Katherine Scrivner	Frederick	Md	23	39:18
17	524 Emily Daly	Richmond	Va	22	39:31
18	529 Cynthia Cordova	Richmond	Va	24	39:41
19	560 Lindsay Christerson	Richmond	Va	23	40:02
20	592 Tonya Douce	Richmond	Va	22	40:23
21	594 Kate Franke	Glen Allen	Va	23	40:24
22	617 Colleen Nagle	Chapel Hill	Nc	23	40:39
23	628 Danielle Whichard	Richmond	Va	22	40:48
24	633 Ashley Donnelly	Richmond	Va	22	40:57
25	635 Mary New	Richmond	Va	23	40:59
26	639 Jana Krakow	U Of Richmond	Va	20	41:00
27	648 Mary Caiazza	Richmond	Va	23	41:05
28	662 Ashley Havard	Charlottesville	Va	24	41:20
29	674 Edith Golden	Ashland	Va	21	41:30
30	681 Elizabeth Vikmanis	Richmond	Va	24	41:35
31	717 Jill Hornung	Richmond	Va	22	42:01
32	751 Devri Surpless	Reston	Va	22	42:26
33	758 Amy Smith	Richmond	Va	22	42:29
34	768 Victoria Levine	Richmond	Va	23	42:33
35	779 Chrystie Klar	Richmond	Va	23	42:43
36	790 Kathy Sayer	Richmond	Va	23	42:53
37	813 Rebecca Huff	Williamsburg	Va	22	43:10
38	844 Kendall Malone	Richmond	Va	24	43:34
39	852 Ellen Sass	Richmond	Va	23	43:40
40	866 Jennifer Trotter	Glen Allen	Va	24	43:48
41	867 Cole Wilson	Charlottesville	Va	20	43:49
42	1028 Emily Ryan	Richmond	Va	24	46:08
43	1033 Anne Basenberg	Richmond	Va	22	46:10
44	1051 Misty Moritz	New Kent	Va	23	46:30
45	1060 Gretchen Oswald	Richmond	Va	22	46:38
46	1109 Kelly Troyer	Carrboro	Nc	24	47:17
47	1113 Beth Taylor	Richmond	Va	24	47:19
48	1117 Rebecca Morgan	Richmond	Va	24	47:23
49	1126 Heather Loveless	Richmond	Va	24	47:31
50	1153 Cindy Green	Midlothian	Va	21	47:53
51	1163 Melanie Cheatham	Richmond	Va	24	47:58
52	1164 Crystal Garthright	Glen Allen	Va	23	47:59
53	1173 Stephanie Daly	Lexington	Va	23	48:07
54	1200 Naomi Robitaille	Williamsburg	Va	21	48:35
55	1212 Molly August	Richmond	Va	22	48:51
56	1224 Kelly Lindamood	Glen Allen	Va	24	49:02
57	1225 Robyn Ayres	Midlothian	Va	22	49:03
58	1242 Karla Siu	Harrisonburg	Va	23	49:20
59	1243 Marcie Bryne	Richmond	Va	24	49:20
60	1244 Suzane Thomson	Richmond	Va	22	49:20
61	1247 Abbigale Bricker	Richmond	Va	23	49:26
62	1250 Kiva Bland	Richmond	Va	24	49:26
63	1256 Kelley Smydra	Richmond	Va	23	49:36
64	1279 Kim Nix	Glen Allen	Va	23	50:11
65	1281 Lindsey Morgan	Richmond	Va	22	50:13

66	1289 Sarah Cummings	Mechanicsville	Va	24	50:26
67	1329 Lynn Ogg	Richmond	Va	23	51:24
68	1335 Maryann Seymore	Richmond	Va	20	51:28
69	1363 Sarah Fernald	Richmond	Va	24	51:56
70	1392 Cynthia Weaver	Richmond	Va	23	52:24
71	1444 Rebecca Zirkle	Moseley	Va	22	53:13
72	1452 Leslie Seymore	Richmond	Va	24	53:31
73	1473 Kristy Ogg	Richmond	Va	22	54:02
74	1475 Tammy Bartels	Richmond	Va	24	54:11
75	1483 Amanda Branscomb	Glen Allen	Va	23	54:21
76	1496 Amanda Wienckowski	Richmond	Va	21	54:55
77	1498 Donna Swiderski	N. Massapequa	Ny	21	55:03
78	1506 Susan Pryor	Richmond	Va	24	55:24
79	1516 Carla Butera	Richmond	Va	24	55:46
80	1518 Karen Robinson	Richmond	Va	24	55:48
81	1585 Tracy Traylor-Fabrican	Ashland	Va	24	1:00:29
82	1642 Jessica Martin	Sandston	Va	20	1:20:22

MALE 25-29

1	6 Julius Gwako	Hamilton	On	25	23:36
2	7 Tony Cosey	Knoxville	Tn	25	23:40
3	8 Elijah Wanderi	Hamilton	On	25	23:44
4	9 Kristian Agnew	Raleigh	Nc	27	23:46
5	11 Brian Woodbury	Arlington	Va	28	23:58
6	22 Alan Pietruszhiewicz	Richmond	Va	27	26:31
7	29 Michael Bowman	Hagerstown	Md	26	27:42
8	33 David Chebahtah	Fort Eustis	Va	28	28:03
9	77 Brian Hingst	Richmond	Va	28	31:30
10	95 Jim Moss	Richmond	Va	26	32:10
11	103 Edward Ramsey	Richmond	Va	27	32:26
12	107 Douglass Fisher	Richmond	Va	27	32:34
13	108 Jeff Boghosian	Williamsburg	Va	29	32:37
14	121 William Mcgarry	Richmond	Va	27	33:01
15	138 Andy High	Hopewell	Va	25	33:50
16	139 Kevin Burcham	Colonial Heights	Va	27	33:52
17	141 Keith Jensen	Richmond	Va	26	33:54
18	167 John Washington	Richmond	Va	28	34:30
19	171 Greg Suskind	Richmond	Va	28	34:42
20	176 John Pace	Richmond	Va	29	34:50
21	180 Brady Byers	Charlottesville	Va	29	34:53
22	193 Brian Anderson	Richmond	Va	28	35:09
23	205 Michael White	Richmond	Va	29	35:26
24	214 Stone James, Iv	Glen Allen	Va	25	35:38
25	229 Arthur Almore	Midlothian	Va	29	35:57
26	240 Eddie Benson	Richmond	Va	26	36:14
27	243 Melvin Strane	Richmond	Va	28	36:22
28	253 Tripp Parrin	Richmond	Va	26	36:25
29	274 Peter Woods	Richmond	Va	28	36:37
30	278 John Ferguson	Richmond	Va	25	36:41
31	290 Brett Law	Richmond	Va	29	36:51
32	299 Adrian Sunter	Richmond	Va	26	36:59
33	303 Lance Reynolds	Callao	Va	28	37:03
34	306 Ryan Aveson	Mechanicsville	Va	26	37:05

35	313 Steven Mcgarry	Richmond	Va	26	37:11
36	319 Eric Holmes	Midlothian	Va	25	37:15
37	332 Jeff Davenhall	Richmond	Va	28	37:21
38	336 Hau Vong	Richmond	Va	26	37:23
39	338 Peter Markham	Richmond	Va	29	37:23
40	348 Trey Steigelman	Newport News	Va	26	37:30
41	359 Robert Tanner	Chester	Va	28	37:41
42	378 Rally Axselle	Glen Allen	Va	27	38:03
43	380 Eric Volles	Alexandria	Va	29	38:04
44	382 Chuck Schilken	Catlettd	Va	29	38:05
45	389 John Ehinger Jr.	Fredericksburg	Va	26	38:09
46	390 Erik Mathews	Front Royal	Va	29	38:09
47	432 Joseph Meehan	Richmond	Va	25	38:46
48	433 Ryan Gordon	Richmond	Va	26	38:46
49	438 Hayes Walker	Richmond	Va	28	38:48
50	440 Ryan Conway	Richmond	Va	25	38:49
51	458 J.p. Reynolds	Richmond	Va	28	39:00
52	466 Billy Tucker	Richmond	Va	28	39:02
53	469 James Gardner, Iv	Richmond	Va	26	39:04
54	485 Coby Beck	Richmond	Va	28	39:14
55	509 Bill Kane	Richmond	Va	25	39:24
56	523 Jonathan Verbeek	Richmond	Va	27	39:30
57	525 John Clanton, Jr.	Richmond	Va	28	39:34
58	533 Thomas Queen	Richmond	Va	25	39:44
59	547 Michael Long	Richmond	Va	28	39:52
60	558 Jason Claybrook	Richmond	Va	26	40:01
61	568 Tom Rosenhammer	Richmond	Va	25	40:09
62	569 Tim Dean	Glen Allen	Va	27	40:09
63	580 Bryan Fratkin	Richmond	Va	29	40:14
64	586 Dan Hickman	Glen Allen	Va	26	40:19
65	588 Jon Buckbee	Richmond	Va	25	40:21
66	601 Mark Thompson	Richmond	Va	29	40:31
67	610 Jason Davis	Raliegh	Nc	26	40:35
68	623 Alec Bates	Richmond	Va	26	40:44
69	630 William Yeaman	Richmond	Va	28	40:52
70	636 Paul Watson	Richmond	Va	29	40:59
71	667 Brian Trump	Glen Allen	Va	26	41:23
72	682 Stephen Bartolacci	Richmond	Va	28	41:35
73	685 Davis Ligon	Chapel Hill	Nc	27	41:37
74	687 David Limbrick	Richmond	Va	29	41:38
75	698 Grant Neely	Richmond	Va	27	41:42
76	725 Charles Smith, Iv	Richmond	Va	29	42:10
77	726 Del Turner	Glen Allen	Va	27	42:11
78	740 George Hambleton	Richmond	Va	29	42:20
79	744 Randy Sherrod	Midlothian	Va	27	42:21
80	757 Tack Shumack	Richmond	Va	26	42:28
81	761 Garth Troxell	Richmond	Va	26	42:30
82	846 Jeff Moore	Richmond	Va	28	43:34
83	863 Cory Culbreath	Colonial Heights	Va	26	43:47
84	864 Nicolas Duc	Durham	Nc	29	43:48
85	888 Chris Withers	Richmond	Va	26	44:05
86	919 Paulo Gazoni	Richmond	Va	26	44:31

87	954 Ned Salver	Virginia Beach	Va	29	45:04
88	958 Edwin Holloway	Richmond	Va	26	45:08
89	962 Frank Sanzone	Richmond	Va	25	45:10
90	965 David Carleton	Richmond	Va	26	45:14
91	988 Ryan Haynes	Richmond	Va	28	45:33
92	1022 Paul Brasler	Richmond	Va	29	46:03
93	1038 Michael Bender	Midlothian	Va	28	46:14
94	1056 Charles Smith	Midlothian	Va	27	46:35
95	1068 Corey Hill	Richmond	Va	27	46:43
96	1106 Jimmy Mathews	Richmond	Va	25	47:14
97	1110 Evan Young Jr.	Richmond	Va	29	47:17
98	1130 Jeff Carpenter	Richmond	Va	28	47:36
99	1134 David Bruce	Richmond	Va	27	47:37
100	1136 Eric Alexander	Cameron	Nc	28	47:38
101	1138 Rick Linker	Richmond	Va	29	47:39
102	1139 Brent Bell	Richmond	Va	27	47:39
103	1147 Vaughan Turekian	Charlottesville	Va	28	47:47
104	1149 Wilhelm Peter, Jr.	Richmond	Va	28	47:48
105	1172 Evan Magrill	Richmond	Va	29	48:05
106	1232 Mcalister Marshall Ii	Richmond	Va	29	49:13
107	1258 John Brubaker	Richmond	Va	26	49:37
108	1301 Todd Montgomery	Richmond	Va	27	50:50
109	1344 Ken Hatcher	Richmond	Va	28	51:38
110	1365 Jeff Hoag	Richmond	Va	28	51:58
111	1388 Christopher Douglas	Richmond	Va	29	52:22
112	1395 Stephen Mcneer	Richmond	Va	27	52:26
113	1400 Willie Dunn	Ashland	Va	26	52:27
114	1403 Wndell Hall	Richmond	Va	29	52:29
115	1405 Shawn Kopelove	Richmond	Va	28	52:29
116	1406 Donald Davenport	Richmond	Va	27	52:30
117	1410 Paul Gaines	Richmond	Va	25	52:31
118	1417 Shane Waite	Richmond	Va	26	52:35
119	1426 Aaron Hayes	Richmond	Va	26	52:38
120	1427 Richard Edwards	Richmond	Va	25	52:39
121	1431 Kevin Mills	Richmond	Va	28	52:40
122	1453 Kevin Beale	Richmond	Va	25	53:31
123	1479 Michel Jones	Richmond	Va	29	54:17
124	1550 Tony Saunders	Powhatan	Va	29	57:08
125	1552 Peter Goldman	Richmond	Va	29	57:10
126	1590 Tim Gardner	Midlothian	Va	26	1:00:53
127	1620 Kevin Porterfield	Roanoke	Va	25	1:07:17

FEMALE 25-29

1	44 Mary Jo Saunders	Harrisonburg	Va	25	28:48
2	45 Petra Staskova	Brevard	Nc	26	28:53
3	52 Megan Skeels	Ft. Worth	Tx	25	29:38
4	105 Mary Kate Hester	Richmond	Va	27	32:31
5	200 Heather Martin	Richmond	Va	29	35:23
6	304 Elizabeth Heeke	Richmond	Va	28	37:04
7	321 Judy Reid	Richmond	Va	27	37:16
8	331 Wendy Naro	Washington	Dc	26	37:20
9	335 Desiree Eudy	Newport News	Va	29	37:23
10	356 Jenny Szulczewski	Midlothian	Va	29	37:38

11	364 Liza-Page Vincent	Richmond	Va	25	37:45
12	383 Monica Walker	Richmond	Va	27	38:05
13	393 Lisa Holle	Williamsburg	Va	29	38:10
14	410 Grandison Russell	Richmond	Va	28	38:30
15	421 Julie Smiley	Chesterfield	Va	26	38:38
16	435 Jenny Goldstein	Richmond	Va	28	38:46
17	446 Susan Morgan	Richmond	Va	28	38:51
18	448 Pamela Bishop	Richmond	Va	25	38:51
19	488 Grace Fell	Mechanicsville	Va	27	39:15
20	538 Julie Nesbit	Fredericksburg	Va	25	39:47
21	550 Jennifer White	Richmond	Va	28	39:57
22	607 Meghan Galloway	Richmond	Va	29	40:33
23	624 Jennifer Tuck	Midlothian	Va	27	40:45
24	645 Michelle Rauppius	Richmond	Va	28	41:04
25	658 Jennifer O'flynn	Richmond	Va	28	41:18
26	665 Sarah Monelski	Richmond	Va	26	41:22
27	692 Annie Stauder	Mechanicsville	Va	28	41:40
28	705 Joy Dunn	Richmond	Va	29	41:50
29	728 Rimga Viskanta	Chesapeake	Va	25	42:12
30	732 Barbara Sims	Richmond	Va	28	42:15
31	733 Carrie Fehl	Richmond	Va	27	42:15
32	737 Nicole Blanton	Richmond	Va	27	42:18
33	747 Jennifer Meharg	Richmond	Va	27	42:23
34	763 Cristina Lanier	Richmond	Va	25	42:31
35	770 Lauri Mendenhall	Richmond	Va	26	42:35
36	772 Sally Michael	Richmond	Va	25	42:36
37	773 Elisabeth Cox	Charlottesville	Va	29	42:38
38	777 Tanya Sim	Richmond	Va	26	42:41
39	782 Ashley Stavac	Chesterfield	Va	26	42:47
40	786 Robin Fescina	Glen Allen	Va	29	42:50
41	792 Sarah Cauble	Richmond	Va	26	42:54
42	820 Jennifer Dowling	Richmond	Va	27	43:15
43	843 Marcy Ney	Richmond	Va	25	43:33
44	858 Holly Slade	Richmond	Va	29	43:44
45	898 Katie Stover	Richmond	Va	27	44:12
46	915 Shannon Brooks	Glen Allen	Va	29	44:26
47	918 Traci Radcliffe	Richmond	Va	29	44:28
48	931 Judy Hambleton	Richmond	Va	28	44:39
49	943 Kim Coburn	Richmond	Va	29	44:50
50	948 Helen Snyder	Arlington	Va	28	45:00
51	952 Beth Shaw	Richmond	Va	29	45:02
52	955 Karen Ford	Glen Allen	Va	29	45:05
53	966 Margaret Nimmo	Richmond	Va	27	45:14
54	969 Lenore Leonhardt	Richmond	Va	27	45:15
55	977 Rebecca Still	Glen Allen	Va	29	45:22
56	1012 Claire Thompson	Richmond	Va	26	45:54
57	1031 Tara Hundley	Richmond	Va	27	46:09
58	1039 Sibyl Morgan	Newport News	Va	25	46:17
59	1044 Tricia Cox	Richmond	Va	25	46:24
60	1054 Tiffany Heller	Richmond	Va	27	46:32
61	1058 Pamela Jondy	Richmond	Va	26	46:36
62	1064 Emily Munro	Richmond	Va	27	46:39

63	1085	Laura English	Raleigh	Nc	26	47:02
64	1094	Jennifer Jennette	Richmond	Va	26	47:08
65	1101	Kristina Lowrie	Glen Allen	Va	27	47:11
66	1104	Jenelle Krishnamoorthy	Richmond	Va	27	47:13
67	1119	Tracy Zacharias	Richmond	Va	26	47:24
68	1120	Deborah Cheesman	Richmond	Va	25	47:26
69	1131	Tracie Vickers	Gloucester	Va	27	47:36
70	1137	Mariella Alexander	Cameron	Nc	27	47:38
71	1142	Andrea Bell	Richmond	Va	26	47:42
72	1143	Christiann Folks	Richmond	Va	29	47:42
73	1144	Colleen Smith	Richmond	Va	28	47:43
74	1156	Susan Golgosky	Richmond	Va	28	47:55
75	1175	Lisee Sherrill	Pensacola	Fl	27	48:09
76	1177	Rennie Mcdaniel	Richmond	Va	29	48:14
77	1180	Jane Dufrane	Richmond	Va	27	48:18
78	1182	Mason Laine	Midlothian	Va	27	48:19
79	1183	Frances Ryan	Centreville	Va	25	48:19
80	1214	Renee Beirne	Richmond	Va	26	48:53
81	1220	Karen Schilken	Midlothian	Va	25	48:59
82	1223	Susan Mckelvey	Glen Allen	Va	28	49:02
83	1228	Athena Sotirchos	Richmond	Va	25	49:08
84	1257	Hylah Boyd	Richmond	Va	28	49:37
85	1259	Cary Claytor	Richmond	Va	25	49:39
86	1260	Lorie Bartee	Richmond	Va	25	49:39
87	1263	Jodi Verleger	Richmond	Va	26	49:42
88	1266	Amy Reynolds	Washington	Dc	26	49:46
89	1272	Ann Robertson	Richmond	Va	29	49:55
90	1283	Sonja Horner	Glen Allen	Va	28	50:20
91	1284	Jennifer Fields	Richmond	Va	28	50:22
92	1285	Mary Lindsay Mccorkle	Richmond	Va	28	50:22
93	1286	Ellen Bjorkholm	Richmond	Va	28	50:23
94	1287	Kristin Fulcher	Richmond	Va	29	50:23
95	1296	Stephanie Perry	Richmond	Va	28	50:42
96	1312	Renee Page	Colonial Heights	Va	29	51:02
97	1318	Jennifer Day	Midlothian	Va	29	51:04
98	1320	Emily Curington	Richmond	Va	25	51:09
99	1322	Angela Mullens	Chesterfield	Va	29	51:10
100	1325	Eleanor Conrad	Reston	Va	29	51:20
101	1333	Lynn Hoag	Richmond	Va	28	51:27
102	1337	Stacey Krupski	Richmond	Va	25	51:30
103	1339	Delaney Mescall	Richmond	Va	25	51:31
104	1341	Cary Butcher	Richmond	Va	29	51:36
105	1346	Meghan Gunn	Richmond	Va	26	51:38
106	1348	Kimberly Spence	Glen Allen	Va	26	51:40
107	1351	Suzanne Shaia	Richmond	Va	29	51:43
108	1355	Jennifer Hofler	Richmond	Va	26	51:48
109	1371	Jill Salp	Richmond	Va	27	52:03
110	1373	Hester Noon	Arlington	Va	29	52:06
111	1378	Jana Varadinek	Midlothian	Va	26	52:13
112	1381	Julie Linker	Richmond	Va	28	52:16
113	1386	Julissa Guillen	Richmond	Va	26	52:21
114	1391	Nikisha Bailey	Richmond	Va	25	52:24

115	1413 Kimberly Cooney	Ashland	Va	25	52:33
116	1433 Janessa Boteler	Richmond	Va	29	52:41
117	1441 Lila Loutfi	Richmond	Va	29	52:58
118	1445 Edith Sanders	Richmond	Va	29	53:16
119	1448 Mary Sigmon	Richmond	Va	29	53:22
120	1454 Lori Glick	Richmond	Va	27	53:33
121	1457 Anne Rodriguez	Richmond	Va	27	53:37
122	1520 Karen Mckenzie	Richmond	Va	25	55:56
123	1522 Marion Alburger-Gittings	Richmond	Va	29	55:59
124	1545 Carrie Bergh	Gum Spring	Va	28	56:56
125	1575 Marcy Donkle	Mechanicsville	Va	29	59:15
126	1576 Elizabeth Couchon	Glen Allen	Va	25	59:21
127	1582 Katie Fleming	Richmond	Va	29	1:00:08
128	1589 Amy Averill	Richmond	Va	27	1:00:47
129	1592 Brantlee Lemmink	Yorktown	Va	29	1:01:33
130	1594 Mary Harrison	Richmond	Va	29	1:01:41
131	1595 Sam Hockaday	Richmond	Va	29	1:01:49
132	1615 Beth Fighera	Washington	Dc	26	1:06:09
133	1616 Kristin Porterfield	Roanoke	Va	25	1:06:21
134	1619 Caroline Rasmussen	Sandston	Va	29	1:06:51
135	1643 Kristal Westbrook	Richmond	Va	29	1:20:23
136	1646 Jennifer Hutcherson	Richmond	Va	26	1:22:06
137	1649 Sabrina Williamson	Chester	Va	29	1:25:22

MALE 30-34

1	15 Doug Mock	Germantown	Md	32	24:49
2	20 Pascal Brazey	Washington	Dc	31	26:16
3	30 Sean Killeen	Columbia	Md	34	27:44
4	48 Russ Ellett	Richmond	Va	33	29:06
5	51 Kevin Vigue	Mechanicsville	Va	33	29:31
6	56 Dills Robert	Knoxville	Tn	34	30:12
7	60 Ronnie Smith	Richmond	Va	33	30:30
8	68 Ed Lyons	Madison	Va	33	31:06
9	74 Jeff Heiges	Virginia Beach	Va	30	31:21
10	76 Dale Tuck	Midlothian	Va	33	31:27
11	83 Mark Sowers	Williamsburg	Va	31	31:43
12	120 Sean Scanlan	Richmond	Va	30	33:01
13	157 Turner Bredrup	Richmond	Va	33	34:12
14	162 Edward Fishman	Arlington	Va	30	34:22
15	175 Rick Guidry	Richmond	Va	31	34:48
16	187 Wally Jones	Midlothian	Va	30	35:04
17	216 Alex Knotts	Richmond	Va	31	35:39
18	218 Bill Cullen	Richmond	Va	32	35:42
19	224 Bryan Stemen	Williamsburg	Va	33	35:49
20	233 Greg Newman	Richmond	Va	30	36:03
21	237 David Snipes	Mechanicsville	Va	32	36:10
22	254 Reinhold Ott	Richmond	Va	31	36:26
23	258 James Ford	Spotsylvania	Va	31	36:30
24	261 Chris Mcreynolds	Richmond	Va	30	36:32
25	262 Steven Martin	Richmond	Va	34	36:32
26	267 Jeff Sears	Ashland	Va	34	36:35
27	282 Greg Pinkard	Richmond	Va	33	36:43
28	284 Harry Newman	Ruther Glen	Va	32	36:45

29	286	Richard Ball	Richmond	Va	32	36:48
30	301	Kevin Barnard	Richmond	Va	33	37:01
31	330	Bryan Blackburn	Glen Allen	Va	32	37:20
32	343	Geoff Meadows	Glen Allen	Va	30	37:28
33	350	Craig Crabtree	Midlothian	Va	32	37:33
34	353	David Bibb	Richmond	Va	32	37:35
35	363	Alexandra Houck	W. Newton	Ma	34	37:44
36	365	Kenneth Campbell	Richmond	Va	34	37:46
37	375	Barry Light	Chesterfield	Va	34	37:58
38	387	Dominic Nicolosi	Sandston	Va	30	38:07
39	392	Steve Kim	Richmond	Va	32	38:10
40	402	Kent Carstater	Richmond	Va	32	38:21
41	407	Michael Trafton	Richmond	Va	33	38:26
42	411	Bill O'brien	Richmond	Va	34	38:30
43	437	Andrew Diefentaaler	Richmond	Va	30	38:48
44	439	Keith Melton	Glen Allen	Va	34	38:48
45	452	Frederic Lalande	Richmond	Va	31	38:55
46	453	Richard Tracchio	Midlothian	Va	33	38:56
47	459	Paul Sindoni	Richmond	Va	32	39:00
48	480	Glenn Grossman	Richmond	Va	32	39:09
49	490	Rick White	Richmond	Va	33	39:16
50	502	Tom Phillips	Greer	Sc	33	39:20
51	510	Daniel Sandiford	Richmond	Va	34	39:24
52	517	Jim Merritt	Richmond	Va	34	39:27
53	519	Tim Allison	Midlothian	Va	30	39:28
54	541	Cal Weirich	Laplata	Md	34	39:50
55	555	Ty Lyman	Sandston	Va	30	40:00
56	557	Thomas Pond	Spotsylvania	Va	30	40:00
57	561	Gene L. Brown	Mechanicsville	Va	33	40:03
58	572	Joe Nirschl	Richmond	Va	34	40:11
59	581	Mike Zinski	Glen Allen	Va	30	40:15
60	611	Wayman Swanson	Sandston	Va	32	40:35
61	627	Scott Coates	Disputcnta	Va	32	40:48
62	634	Mike Jackson	Richmond	Va	32	40:58
63	642	Stephen Rusher	Richmond	Va	30	41:02
64	653	William Gillette	Glen Allen	Va	31	41:09
65	684	Edward Howard	Richmond	Va	30	41:37
66	690	Fred Martin	Richmond	Va	30	41:39
67	696	Dan Johnson	Richmond	Va	33	41:41
68	706	Michael Foot	Richmond	Va	32	41:51
69	723	Paul Curley	Richmond	Va	30	42:08
70	741	Patrick Egan	Richmond	Va	30	42:20
71	755	Richard Ammons	Glen Allen	Va	33	42:27
72	764	Mark Pittman	Richmond	Va	33	42:31
73	774	Steven Votta	Richmond	Va	33	42:38
74	781	Hugh Martin	Richmond	Va	33	42:46
75	801	Robert Hales	Richmond	Va	30	43:00
76	814	Stephen Lahaye	Midlothian	Va	31	43:11
77	835	William Marlowe	Chester	Va	32	43:27
78	849	Doug Ramirez	Richmond	Va	31	43:36
79	855	Theodore Wingfield	Sandston	Va	30	43:43
80	872	Timothy Smith	Richmond	Va	30	43:52

81	884 Andy Huthoefer	Midlothian	Va	31	44:01
82	901 Sean Abbott	Richmond	Va	32	44:15
83	906 Oscar Icabalceta	Arlington	Va	30	44:19
84	912 Rami Alhamra	Salt Lake City	Ut	31	44:24
85	929 Tom Young	Glen Allen	Va	34	44:38
86	975 Michael Musselwhite	Midlothian	Va	30	45:21
87	978 Mike Johnson	Glen Allen	Va	30	45:22
88	986 David Naoroz	Richmond	Va	30	45:29
89	996 Hunter Thomas	Richmond	Va	33	45:41
90	1027 Campbell Hundley	Richmond	Va	32	46:08
91	1034 Romal Holder	Fort Lee	Va	31	46:11
92	1059 Sam Grey	Richmond	Va	32	46:37
93	1092 Wayne Graves	Richmond	Va	31	47:06
94	1095 Robert Westermann	Richmond	Va	30	47:08
95	1118 David Lemelin	Richmond	Va	34	47:24
96	1127 William Seymore	Abingdon	Va	30	47:31
97	1128 Sam West	Richmond	Va	34	47:32
98	1145 James Smith	Richmond	Va	30	47:44
99	1168 Scott Shelton	Kingsville	Md	32	48:01
100	1192 Jack Woodfin	Richmond	Va	30	48:28
101	1201 Anthony Bell	Richmond	Va	31	48:36
102	1204 Mark Farnsworth	Mechanicsville	Va	30	48:41
103	1210 David Bennett	Chesterfield	Va	32	48:47
104	1218 Dwight Crews	Midlothian	Va	30	48:57
105	1253 Robert Burke	Waldorf	Md	32	49:29
106	1334 John Walker	Richmond	Va	31	51:27
107	1350 Alan Shaia	Richmond	Va	32	51:41
108	1383 Brian Cummings	Hopewell	Va	33	52:19
109	1414 Charles Taylor	Richmond	Va	30	52:33
110	1422 Guy Lilly	Richmond	Va	31	52:36
111	1424 James Baldwin	Richmond	Va	34	52:36
112	1458 Mark Troemel	Richmond	Va	33	53:40
113	1565 Steven Goodwin	Richmond	Va	33	58:04
114	1572 Eric Gordon	Mechanicsville	Va	30	58:55
115	1577 Michael Kinsley	Richmond	Va	32	59:41
116	1621 Paul James	Richmond	Va	33	1:08:18
117	1623 Stefan Poelders	Richmond	Va	30	1:08:24

FEMALE 30-34

1	59 Nancy Watkins	Stanford	Va	31	30:20
2	111 Leisa Gonnella	Charlottesville	Va	30	32:40
3	137 Lavinia Vigue	Mechanicsville	Va	30	33:45
4	177 Maureen Lanning	Richmond	Va	30	34:51
5	245 Debbie Goodpasture	Midlothian	Va	30	36:23
6	264 Jane Cash	Richmond	Va	34	36:33
7	285 Kim Farnsworth	Mechanicsville	Va	30	36:47
8	312 Lynne Hart	Lynchburg	Va	32	37:11
9	371 Kelly Miller	Richmond	Va	31	37:52
10	472 Ashley Hart	Studley	Va	30	39:07
11	484 Lynn Guidry	Richmond	Va	30	39:14
12	497 Denise Novack	Dale City	Va	33	39:18
13	507 Cheryl Ward	Midlothian	Va	30	39:22
14	530 Davin Crenshaw	Richmond	Va	33	39:41

15	537 Karen Zaleskiewicz	Mays Landing	Nj	34	39:46
16	545 Aimee Osborne	Charlotte	Nc	32	39:51
17	546 Erin Ellis	Richmond	Va	32	39:52
18	548 Cheryl Deppner	Richmond	Va	31	39:53
19	613 Brenda Johannes	Richmond	Va	31	40:36
20	646 Lisa Hedrick	Staunton	Va	33	41:04
21	664 Julee Andrews	Richmond	Va	34	41:21
22	720 Caroline Wallace	Richmond	Va	34	42:04
23	722 Mary Claybrook	Richmond	Va	30	42:08
24	729 Christine Darrah	Basking Ridge	Nj	31	42:13
25	784 Katie George	Richmond	Va	30	42:48
26	796 Julie Bardo	East Meadow	Ny	32	42:58
27	798 Suzanne Maher	Midlothian	Va	32	42:58
28	806 Jennifer Porter	Chesterfield	Va	30	43:05
29	808 Terri Mosey	Fredericksburg	Va	34	43:07
30	811 Sharon Lamb	Richmond	Va	30	43:09
31	812 Amy Wiley	Richmond	Va	33	43:09
32	833 Shari Meyer	Richmond	Va	32	43:26
33	854 Kelly White	Richmond	Va	34	43:41
34	868 Gillian Aikin	Richmond	Va	34	43:49
35	900 Kathy Suddarth	Midlothian	Va	30	44:13
36	907 Molly Dean	Richmond	Va	33	44:19
37	926 Amy Touras	York	Pa	32	44:36
38	932 Lisa Wise	Glen Allen	Va	31	44:40
39	944 Catherine Hovis	Arlington	Va	30	44:51
40	947 Kristine Herakovich	Richmond	Va	33	44:57
41	951 Danielle Peters	Richmond	Va	34	45:02
42	967 Claire Steele	Richmond	Va	32	45:15
43	972 Lynne Odell	Crozier	Va	34	45:18
44	999 Robin Benson	Richmond	Va	34	45:43
45	1001 Caroline Harris	Glen Allen	Va	34	45:45
46	1021 Susan Reid	Richmond	Va	31	46:02
47	1046 Kae Zulager	Manakin Sabot	Va	32	46:25
48	1069 Catherine Hill	Richmond	Va	32	46:43
49	1078 Carolyn Solano	Glen Allen	Va	32	46:53
50	1082 Stella Bowden	Virginia Beach	Va	34	47:00
51	1089 Katherine Meador-Gibson	Richmond	Va	34	47:05
52	1100 Sally Fraser	Mechanicsville	Va	33	47:10
53	1148 Anne Appel	Richmond	Va	30	47:47
54	1151 Heather Amstutz	Fayetteville	Nc	31	47:52
55	1155 Michele Kinnick	Richmond	Va	34	47:55
56	1166 Sybil Curtis	Richmond	Va	34	48:00
57	1167 Candace Shelton	Kingsville	Md	32	48:01
58	1181 Jenny Mellott	Charlottesville	Va	33	48:18
59	1206 Kristi Nelligan	Glen Allen	Va	34	48:44
60	1226 Laura Rauppis	Richmond	Va	34	49:07
61	1249 Sonya Gittelman	Richmond	Va	32	49:26
62	1251 Valencia Darden	Richmond	Va	32	49:27
63	1271 Mona Bowman	Glen Allen	Va	30	49:54
64	1273 Alison Boyd	Glen Allen	Va	31	49:57
65	1276 Lara Maurer	Glen Allen	Va	31	50:04
66	1280 Denise Strader	Chesterfield	Va	33	50:12

67	1295 Meredith Barton	Richmond	Va	30	50:40
68	1299 Mary Buhl	Richmond	Va	34	50:44
69	1305 Maria Weirich	Laplata	Md	31	50:51
70	1307 Melissa Smith	Glen Allen	Va	31	50:53
71	1315 Margaret Heathermen	Richmond	Va	31	51:03
72	1323 Kathryn Jordan	Richmond	Va	32	51:14
73	1336 Melissa Carpenter	Richmond	Va	32	51:28
74	1357 Gretchen Tubb	Midlothian	Va	32	51:52
75	1358 Kellie Nuss	Jessup	Md	33	51:52
76	1359 Valerie Cao	Richmond	Va	30	51:53
77	1361 Marisela Miller	Chesterfield	Va	33	51:55
78	1369 Wendy Dyer	Raleigh	Nc	33	52:00
79	1411 Lynn Bazzoli	Richmond	Va	34	52:32
80	1430 Nancy Martin	Richmond	Va	34	52:40
81	1436 Janice Ested	Richmond	Va	33	52:44
82	1438 Page Mccarthy	Richmond	Va	31	52:49
83	1462 Melinda Woods	Richmond	Va	31	53:44
84	1476 Catherine Cary	Mechanicsville	Va	33	54:14
85	1484 Heidi Schwartz	Glen Allen	Va	34	54:22
86	1494 Michelle Shibley	Richmond	Va	32	54:45
87	1534 Kimberly Farren	Chesterfield	Va	30	56:22
88	1549 Betsy Hunroe	Midlothian	Va	32	57:08
89	1564 Lisa Spickler	Richmond	Va	30	58:04
90	1580 Susan Edmiston	Frederick	Md	34	59:57
91	1584 Michelle Ferrell	Raleigh	Nc	31	1:00:21
92	1588 Susan Young	Glen Allen	Va	33	1:00:39
93	1622 Gabriele Poelders	Richmond	Va	30	1:08:23
94	1627 Madeline Mcclenney-Sadlir	Richmond	Va	32	1:10:32
95	1639 Felicia Williams	Richmond	Va	32	1:19:31
96	1640 Shannon Salisbury	Mechanicsville	Va	33	1:20:21
97	1648 Kristi Saunders	Powhatan	Va	31	1:25:21
98	1650 Liisa Gardner	Richmond	Va	32	1:25:22
99	1652 Hope Taylor	Richmond	Va	30	1:34:13

MALE 35-39

1	18 Rob Hinkle	Williamsburg	Va	35	25:00
2	31 Terry McLaughlin	Spotsylvania	Va	39	27:46
3	40 Dan Tarr	Stafford	Va	37	28:11
4	42 Todd Parker	Lorton	Va	36	28:43
5	47 James Dixon	Williamsburg	Va	35	28:57
6	69 Brian Failon	Richmond	Va	38	31:09
7	71 Edward Novack	Midlothian	Va	35	31:17
8	79 Michael Campbell	Kennesaw	Ga	39	31:35
9	82 Greg Tuck	Mechanicsville	Va	37	31:40
10	100 Dave Brown	Richmond	Va	37	32:17
11	101 Jeff Bruce	Richmond	Va	37	32:20
12	113 Thomas Sealey	Glen Allen	Va	39	32:44
13	114 Kevin Connor	Richmond	Va	35	32:45
14	124 Bob Hines	Glen Allen	Va	35	33:09
15	132 Leon Dillard	Richmond	Va	35	33:32
16	142 Paul Maguire	Richmond	Va	39	33:55
17	143 Ian Donaher	Chesterfield	Va	39	33:57
18	147 Joseph Zielinski	Richmond	Va	37	34:02

19	164 Keith Berkley	Goochland	Va	38	34:27
20	168 Jim Nichols	Richmond	Va	37	34:33
21	188 Mike Rose	Richmond	Va	39	35:05
22	189 Paul Sheehy	Richmond	Va	36	35:05
23	190 Phillip Brashear	Sandston	Va	37	35:07
24	191 Khris Molchan	Richmond	Va	39	35:07
25	198 David Shannon	Richmond	Va	37	35:19
26	217 Robert Tully	Midlothian	Va	39	35:39
27	219 Matthew Braun	Richmond	Va	35	35:44
28	225 Robert Aveson, Jr.	Richmond	Va	35	35:51
29	227 Gregory Holzgrefe	Richmond	Va	39	35:55
30	234 Rick Bosl	Arlington	Va	36	36:05
31	250 Paul Young	Mechanicsville	Va	36	36:25
32	256 Fred Howard	Norfolk	Va	39	36:27
33	277 Frank Gentry	Hickory	Nc	38	36:39
34	300 Philip Harvey	Richmond	Va	38	37:00
35	311 Jeff Corbin	Richmond	Va	35	37:10
36	314 Johnny Dungan	Lottsburg	Va	38	37:12
37	327 Blaine Scalard	Richmond	Va	39	37:19
38	329 Allan Cookson	Crofton	Md	38	37:20
39	339 Ed Vasaio	Richmond	Va	35	37:23
40	342 Bobby Vass	Glen Allen	Va	37	37:27
41	349 Tab Cosgrove	Midlothian	Va	39	37:32
42	372 Thomas Slayton	Richmond	Va	37	37:54
43	403 Stephen Mercatante	Richmond	Va	37	38:23
44	405 David Blanks	Palmyra	Va	38	38:25
45	408 Larry Davis	Richmond	Va	37	38:26
46	420 Chris Touras	York	Pa	37	38:38
47	428 Scott Barlow	Midlothian	Va	39	38:44
48	444 Robert Bredehoft	Quinton	Va	38	38:50
49	451 Darnell Gilliam	Richmond	Va	39	38:55
50	468 Gary Parker	Kernersville	Nc	39	39:04
51	473 Patrick Mason	Hopewell	Va	35	39:07
52	491 Lewis Zingaro	Ft. Lee	Va	38	39:16
53	493 Donald Mills	Mechanicsville	Va	38	39:16
54	495 Pius Frei	Chesterfield	Va	38	39:17
55	499 Paul Hale	Chester	Va	36	39:19
56	503 Paul Salvucci	Richmond	Va	36	39:21
57	526 Russell Stone	Mechanicsville	Va	35	39:36
58	532 Ron Gunn	Richmond	Va	39	39:44
59	539 Michael Sommer	Richmond	Va	35	39:47
60	596 William Dinkin	Richmond	Va	35	40:26
61	597 Peter Duffey	Richmond	Va	39	40:26
62	622 Marc Deppner	Richmond	Va	36	40:44
63	626 Mitchell Megliola	Chester	Va	39	40:47
64	629 Kyle J Weidlich	Smithfield	Va	39	40:49
65	647 Lee Manheim	Richmond	Va	39	41:05
66	659 Charlie Diradour	Richmond	Va	35	41:19
67	680 Alok Upadhyaya	Midlothian	Va	35	41:34
68	688 Brent Harwood	Richmond	Va	35	41:39
69	707 Bryan Brown	Chesterfield	Va	37	41:51
70	711 Robert Thompson	Midlothian	Va	38	41:55

71	716 Ben Woods	Richmond	Va	36	41:59
72	743 James Fitzgerald	Richmond	Va	39	42:21
73	752 James Arbuckle	Richmond	Va	37	42:26
74	800 Brook Wright	Richmond	Va	39	43:00
75	803 Dean Jarrett	Richmond	Va	39	43:01
76	821 Jerome Daniels	Mechanicsville	Va	37	43:16
77	824 John Blauvelt	Glen Allen	Va	36	43:17
78	831 Derk Jeffrey	Richmond	Va	39	43:25
79	871 Mohsin Raza	Richmond	Va	37	43:51
80	879 David Lacy	Mechanicsville	Va	39	43:57
81	881 Mike Wray	Richmond	Va	39	43:58
82	887 Bruce Overton	Mechanicsville	Va	38	44:05
83	893 Steve Boswell	Richmond	Va	36	44:09
84	917 Brian Workman	Richmond	Va	38	44:28
85	938 Wirt Marks	Richmond	Va	36	44:46
86	953 John Harper	Midlothian	Va	35	45:03
87	956 John Martin	Richmond	Va	35	45:07
88	1042 Thom Casey	Chesterfield	Va	39	46:23
89	1070 Richard Barnett	Richmond	Va	39	46:44
90	1073 David Miracle	Richmond	Va	35	46:47
91	1074 Robert Baird	Glen Allen	Va	39	46:48
92	1179 Bob Holme	Glen Allen	Va	36	48:17
93	1246 Chris Headley	Richmond	Va	37	49:24
94	1274 Anthony Tanner	Columbia	Md	39	49:59
95	1277 Daniel Prendergast	Richmond	Va	37	50:05
96	1303 Wayne Thompson	Spotsylvania	Va	39	50:51
97	1327 Gerald Hunt	Richmond	Va	35	51:22
98	1340 Roger Carmichael	Montpelier	Va	39	51:35
99	1389 John Keohane	Richmond	Va	37	52:23
100	1420 Jean-Guy Legouffe	Richmond	Va	35	52:35
101	1440 Perry Lawton	Richmond	Va	36	52:56
102	1443 Doug Critcher	Richmond	Va	36	53:12
103	1485 Dale Brusoski	Glen Allen	Va	37	54:29
104	1548 Alec Kornacki	Richmond	Va	39	57:04
105	1628 Michael Goode	Richmond	Va	37	1:10:58

FEMALE 35-39

1	55 Josephine Menk	Montpelier	Va	38	30:07
2	67 Bette Dzamba	Charlottesville	Va	35	31:00
3	154 Mary Wittenberg	New York City	Ny	37	34:11
4	173 Susan Pike	Richmond	Va	35	34:44
5	195 Rande Zdanek	Midlothian	Va	39	35:11
6	197 Laurie Saunders	Richmond	Va	39	35:12
7	291 Karen Riley	Midlothian	Va	36	36:51
8	295 Kathleen Reid	Richmond	Va	35	36:57
9	337 Jennifer Moreno	Midlothian	Va	39	37:23
10	401 Cynthia Watson	Richmond	Va	38	38:21
11	427 Angie Barlow	Midlothian	Va	39	38:43
12	450 Ann Liz	Richmond	Va	39	38:54
13	482 Andrea Ownby	Richmond	Va	37	39:13
14	520 Perry Gunn	Richmond	Va	38	39:28
15	531 Megan Campbell	Chesterfield	Va	39	39:42
16	535 Bronwen Lewis	Richmond	Va	36	39:45

17	574 Laura Wright	Tappahannock	Va	39	40:11
18	590 Lynda Smith	Richmond	Va	38	40:22
19	598 Tangela Davis	Richmond	Va	35	40:27
20	608 Kelly Vidunas	Richmond	Va	35	40:34
21	631 Jennifer Meyer	Richmond	Va	37	40:55
22	669 Molly Bilisoly	Norfolk	Va	37	41:24
23	672 Cheryl Duron	Mechanicsville	Va	36	41:28
24	673 Cindy Heisey	Mechanicsville	Va	39	41:28
25	678 Delaine Sanders	Richmond	Va	36	41:33
26	697 Chris Cardner	Richmond	Va	39	41:42
27	709 Colleen Lobb	Midlothian	Va	39	41:53
28	715 Kara Chaconas	Midlothian	Va	37	41:58
29	721 Sarah Grier Barber	Richmond	Va	35	42:06
30	739 Liz Kellermann	Richmond	Va	35	42:20
31	756 Susan Macleod	Richmond	Va	36	42:28
32	759 Hadassah Carter	Richmond	Va	39	42:29
33	760 Louise Bowles	Richmond	Va	36	42:29
34	769 Abbie Wharton	Richmond	Va	36	42:34
35	788 Kate Wagner	Richmond	Va	39	42:51
36	799 Stephanie Walsh	Ashland	Va	39	42:59
37	810 Kathi Pace	Richmond	Va	35	43:09
38	816 Lin Gentry	Hickory	Nc	36	43:13
39	818 Megan Eliff	Richmond	Va	39	43:14
40	836 Elizabeth Acampora	Midlothian	Va	35	43:28
41	837 Cindy Shumaker	Midlothian	Va	38	43:28
42	848 Marcia Palmer	Richmond	Va	35	43:35
43	877 Laurie Shadowen	Richmond	Va	38	43:55
44	911 Deborah Lyon	Edgewater	Md	35	44:23
45	937 Beth Williams	Richmond	Va	35	44:45
46	939 Sherry Matthews	Richmond	Va	35	44:47
47	984 Martha Lambert	Rockville	Va	37	45:28
48	985 Susan Clair	Midlothian	Va	35	45:29
49	989 Susan Laverty	Richmond	Va	36	45:34
50	992 Miki Bryan	Raleigh	Nc	37	45:36
51	995 Deirdre Turner	Richmond	Va	38	45:41
52	1003 Dorothy Luck	Mechanicsville	Va	39	45:46
53	1007 Linda Newsome	Richmond	Va	39	45:49
54	1016 Melissa Stewart	Glen Allen	Va	35	45:56
55	1017 Cathy Jarmul	Cary	Nc	37	45:57
56	1025 Leah Carmichael	Mechanicsville	Va	37	46:06
57	1037 Maureen Egan	Richmond	Va	38	46:12
58	1041 Cathy Friedrichs	Midlothian	Va	39	46:21
59	1043 Laurel Bartlett	Mechanicsville	Va	39	46:24
60	1047 Kris Jutz	Midlothian	Va	35	46:26
61	1063 Karen Vesey	Fredericksburg	Va	35	46:39
62	1091 Cindy Cors	Mechanicsville	Va	36	47:06
63	1102 Virginia Mcghee	Mechanicsville	Va	35	47:11
64	1111 Judy Fisher	Midlothian	Va	39	47:18
65	1133 Christine Turner	Glen Allen	Va	37	47:36
66	1158 Joan Lemelin	Richmond	Va	35	47:57
67	1160 Elizabeth Harper	Richmond	Va	36	47:57
68	1162 Margaret Myers	Chesterfield	Va	35	47:58

69	1169	Theresa Izzo	Richmond	Va	39	48:02
70	1170	Anne Vaeth	Richmond	Va	35	48:02
71	1203	Lori Little	Richmond	Va	36	48:39
72	1205	Maria Parker	Lorton	Va	37	48:43
73	1209	Desiree Weygandt	Richmond	Va	35	48:46
74	1211	Carolyn Carver	Richmond	Va	39	48:49
75	1213	Wanda Mills	Mechanicsville	Va	37	48:52
76	1240	Paula Moolhuyzen	Richmond	Va	37	49:19
77	1262	Cathie Beavers	Midlothian	Va	36	49:41
78	1267	Arlessa Gray	Richmond	Va	36	49:47
79	1268	Maria Bond	Richmond	Va	35	49:50
80	1269	Renee Morris	Richmond	Va	35	49:53
81	1288	Noelle Webb	Mechanicsville	Va	39	50:24
82	1290	Mary Kay Martin	Richmond	Va	35	50:28
83	1293	Melissa Harden	Mechanicsville	Va	35	50:38
84	1297	Whitney Nelson	Richmond	Va	36	50:42
85	1300	Mary Gibrall	Richmond	Va	35	50:45
86	1308	Bonnie Messer	Glen Allen	Va	39	50:53
87	1314	Tammis Seipel	Virginia Beach	Va	39	51:02
88	1330	Sandy Ledbetter	Richmond	Va	35	51:25
89	1367	Gayla Mills	Richmond	Va	38	51:59
90	1374	Felecia Dawson	Richmond	Va	36	52:10
91	1382	Cindy Parker	Kernersville	Nc	37	52:16
92	1419	Harriett Wright	Richmond	Va	35	52:35
93	1435	Debbie Fenner	Richmond	Va	38	52:42
94	1442	Christine Martine	Richmond	Va	36	52:59
95	1465	Sema Wray	Richmond	Va	36	53:48
96	1487	Paola Mcneil	Richmond	Va	37	54:31
97	1507	Carol Spry	Greenwood	Va	35	55:24
98	1511	Wendy Negron	Spotsylvania	Va	36	55:34
99	1517	Carrie Lucas	Sandston	Va	37	55:47
100	1519	Sylvia Mann	Richmond	Va	38	55:49
101	1528	K.c. Cloud-Borgstedt	Richmond	Va	39	56:11
102	1529	Debra Meador-Gibson	Richmond	Va	35	56:12
103	1531	Sharon Story	Chesterfield	Va	37	56:17
104	1539	Judith Townes	Montpelier	Va	35	56:38
105	1543	Susan Cooper	Ellicott City	Md	37	56:50
106	1563	Kimberly Folke	Chesterfield	Va	39	57:58
107	1597	Julie Mallory	Richmond	Va	37	1:01:51
108	1605	Donna Callis	Richmond	Va	35	1:03:00
109	1638	Lynda Ballowe	Norfolk	Va	35	1:17:25
110	1645	Beth Ann Brown	Mechanicsville	Va	36	1:22:01

MALE 40-44

1	27	Russell Bowles	Richmond	Va	41	27:35
2	46	Scott Alexander	Midlothian	Va	40	28:53
3	53	Jim Mitchell	Raleigh	Nc	43	29:45
4	58	Richard Morris	Colonial Heights	Va	43	30:20
5	61	Mark Staver	Mechanicsville	Va	43	30:34
6	62	Joseph Ryan	Richmond	Va	44	30:37
7	63	Greg Causseaux	Murrells Inlet	Sc	40	30:44
8	64	Bill Swann	Richmond	Va	42	30:50
9	66	Les Wynn	Roanoke	Va	43	30:59

10	73 David J. Smith	Tappahannock	Va	42	31:20
11	80 Mark Wisch	Dale City	Va	41	31:36
12	87 Bolling Lewis	Richmond	Va	41	31:49
13	91 Dennis Poole	Richmond	Va	44	32:02
14	106 Lawrence Campbell	San Diego	Ca	42	32:33
15	115 Marshall Ellis	Raleigh	Nc	41	32:52
16	116 Mike Casey	Midlothian	Va	41	32:56
17	118 Marvin Benjamin	Beaufort	Sc	40	32:58
18	119 Craig Waters	Glen Allen	Va	44	32:59
19	125 Tim Lankes	Montpelier	Va	40	33:09
20	127 Jonathan Jester	Mechanicsville	Va	40	33:21
21	129 Donald Bragg	Richmond	Va	44	33:28
22	151 Copeland Hicks	Bristol	Va	41	34:09
23	152 Randy Lockhart	Petersburg	Va	43	34:09
24	166 David Durrett	Chesterfield	Va	44	34:29
25	172 Martin Richards	Midlothian	Va	42	34:43
26	179 Jamal Nance	Richmond	Va	41	34:53
27	183 Michael Goodman	Richmond	Va	44	34:55
28	206 Irving Skee Parker	Richmond	Va	44	35:26
29	236 Gene Mills	Richmond	Va	43	36:09
30	247 Harry Cohn	Midlothian	Va	40	36:23
31	251 Thomas Goode	Richmond	Va	42	36:25
32	260 John Grott	Richmond	Va	40	36:31
33	268 Kim Peters	Richmond	Va	40	36:35
34	272 Sam Snead	Farnham	Va	41	36:36
35	296 Steve Gonzales	Richmond	Va	44	36:58
36	322 Raymond Matsuura	Richmond	Va	43	37:16
37	341 Kent Harrison	Richmond	Va	41	37:26
38	351 David Moody	Midlothian	Va	43	37:33
39	366 John Waddill	Richmond	Va	44	37:47
40	369 D.j. Baker	Mechanicsville	Va	43	37:51
41	373 Ed Street	Richmond	Va	43	37:55
42	374 Mark Griffin	Glen Allen	Va	40	37:56
43	377 Scot Victor	Susan	Va	43	38:02
44	379 Gordan Thomson	Richmond	Va	41	38:03
45	381 Bryan Laursen	Richmond	Va	43	38:04
46	388 William Proffitt	Richmond	Va	43	38:07
47	394 Jessie Frazier	Richmond	Va	40	38:11
48	397 John Bartenstein Jr.	Glen Allen	Va	40	38:17
49	404 David Olli	Richmond	Va	40	38:24
50	406 Dan Trafton	Midlothian	Va	41	38:26
51	409 Glen Hobart	Montpelier	Va	42	38:28
52	416 James Salay	Richmond	Va	40	38:31
53	417 William Proctor	Midlothian	Va	43	38:31
54	419 Glenn Poole	Richmond	Va	40	38:33
55	422 Randy Puryear	Glen Allen	Va	41	38:38
56	436 Tom Graves	Richmond	Va	41	38:48
57	465 Roger Mcaughan	Richmond	Va	43	39:02
58	470 Stephen Peter	Midlothian	Va	40	39:05
59	474 John Raines	Richmond	Va	44	39:08
60	516 Carl Goodman	Ashland	Va	40	39:26
61	565 Michael Burns	Richmond	Va	41	40:08

62	576 Michael Fridley	Powhatan	Va	41	40:12
63	582 Joseph Ansay	Chester	Va	44	40:15
64	589 William P. McMahan Jr.	Glen Allen	Va	42	40:22
65	599 John Corey	Richmond	Va	41	40:28
66	604 Jay Riley	Mechanicsville	Va	41	40:32
67	650 Rainer Handke	Richmond	Va	40	41:07
68	655 James Mabry	Richmond	Va	42	41:12
69	656 Joseph Stowell	Richmond	Va	44	41:13
70	666 Roy Goodman	Glen Allen	Va	42	41:22
71	668 Van Woods	Chesterfield	Va	43	41:23
72	671 Peter Svobuda	Richmond	Va	42	41:27
73	730 Timothy Beavers	Midlothian	Va	40	42:14
74	749 Gabriel Costanzo	Prince George	Va	40	42:24
75	754 Wayne Clevert	Richmond	Va	41	42:27
76	765 Kendall Driver	Richmond	Va	41	42:31
77	767 Jay Gassette	Richmond	Va	40	42:33
78	776 George Tureman	Richmond	Va	42	42:40
79	783 Kenneth Marny	Chesterfield	Va	44	42:48
80	795 Richard Hartman	Hopewell	Va	41	42:56
81	807 Phil Millard	Sandy Hook	Va	40	43:06
82	819 Peter Stamps	Richmond	Va	42	43:15
83	857 Willie Mason	Williamsburg	Va	40	43:43
84	861 Gene Raney	Chesterfield	Va	40	43:46
85	870 Lindsey Hicks	Alexandria	Va	42	43:51
86	882 Frank Guinan	Mechanicsville	Va	44	43:59
87	892 Robert Battle	Richmond	Va	40	44:08
88	897 Mike Mckenney	Callao	Va	41	44:12
89	903 Don Mills	Glen Allen	Va	43	44:17
90	908 Richard Howard	Edgewater	Md	42	44:20
91	914 Scott Cox	Richmond	Va	44	44:25
92	921 Wayne Cannon	Richmond	Va	41	44:33
93	927 Michael Kernyat	Richmond	Va	43	44:37
94	974 Jon Haynes	Richmond	Va	40	45:21
95	1002 Scott Meardon	Richmond	Va	44	45:46
96	1014 Ken Newsome	Richmond	Va	40	45:56
97	1019 Samuel Negron	Spotsylvania	Va	41	45:58
98	1026 Roger Brooks	Glen Allen	Va	44	46:07
99	1036 William Perrine	Richmond	Va	42	46:12
100	1049 Bruce Howells	Richmond	Va	42	46:29
101	1067 Steven Meadows	Richmond	Va	41	46:42
102	1093 Garry Blanton	Richmond	Va	42	47:06
103	1103 Daniel Schwartz	Richmond	Va	44	47:13
104	1112 Mark Martin	Sandston	Va	40	47:18
105	1122 Dennis Riggins	Church Road	Va	40	47:28
106	1129 James Mohn	Richmond	Va	40	47:34
107	1194 Jerry Hoctor	Richmond	Va	42	48:30
108	1208 Warren Hall	Glen Allen	Va	42	48:46
109	1241 Dan Devalk	Richmond	Va	40	49:20
110	1275 Matt Costello	Richmond	Va	43	50:02
111	1282 Russell Pettis	Sandy Hook	Va	44	50:16
112	1306 Shawn Tuthill	Mechanicsville	Va	42	50:52
113	1316 Mike Caylor	Sandstone	Va	44	51:04

114	1317 Vincent Larocca	Richmond	Va	41	51:04
115	1326 Anthony Ponga	Quinton	Va	42	51:22
116	1347 Daniel Goodall	Richmond	Va	41	51:39
117	1375 Skip Dawson	Richmond	Va	41	52:10
118	1393 Bill Propert	Midlothian	Va	44	52:25
119	1394 Daniel Pajer	Richmond	Va	40	52:25
120	1425 Steven Fields	Richmond	Va	42	52:37
121	1446 Freddie Bates	Richmond	Va	40	53:20
122	1449 Ron Payne	Richmond	Va	44	53:23
123	1455 William Renzulli Jr	Mechanicsville	Va	43	53:36
124	1492 David Young	Chester	Va	41	54:40
125	1514 Gil Burdette	Richmond	Va	44	55:42
126	1526 Barry Griffin	Richmond	Va	42	56:05
127	1556 Michael Mylius	Richmond	Va	43	57:13
128	1568 Roderick Baugh	Richmond	Va	44	58:33
129	1587 Alec Abbott	Richmond	Va	41	1:00:35
130	1636 Thomas Dozier	Ashland	Va	41	1:15:16

FEMALE 40-44

1	412 Virginia Schrock	Richmond	Va	44	38:30
2	423 Anita Waters	Glen Allen	Va	43	38:39
3	527 Barbara Mautte	Mechanicsville	Va	41	39:40
4	708 Jill Vonderhaar	Richmond	Va	43	41:52
5	750 Sharla Hinds	Glen Allen	Va	42	42:25
6	797 Theresa Swindell	Hopewell	Va	42	42:58
7	815 Mary Peppiatt	Richmond	Va	42	43:12
8	839 Janet Quick	Richmond	Va	40	43:30
9	840 Melonie Reilly	Mclean	Va	42	43:31
10	853 Susan Kernyat	Richmond	Va	42	43:40
11	860 Lynne Gehr	Richmond	Va	44	43:46
12	865 Carolyn Peterson	Manakin-Sabot	Va	40	43:48
13	876 Susan Orr	Richmond	Va	41	43:55
14	916 Pamela Neal	Mechanicsville	Va	40	44:27
15	924 Lori Plumley	Richmond	Va	44	44:34
16	942 Melanie Stinnett	Arlington	Va	42	44:49
17	973 Kay Frye	Richmond	Va	44	45:19
18	994 Margaret Williams	Richmond	Va	41	45:40
19	1000 Amber Rader	Moseley	Va	40	45:44
20	1005 Jessie Bowen	Midlothian	Va	40	45:48
21	1009 Beth Tracy	Richmond	Va	42	45:50
22	1020 Elaine King	Chesterfield	Va	43	46:00
23	1045 Cindy Gill	Richmond	Va	40	46:25
24	1066 Carolyn Lowenthal	Richmond	Va	40	46:41
25	1105 Sandra Delagrance	Glen Allen	Va	43	47:13
26	1116 Ginny Heatwole	Glen Allen	Va	43	47:23
27	1154 Nancy Caine	Richmond	Va	40	47:53
28	1193 Pattie Knisely	Richmond	Va	44	48:29
29	1195 Geri Pratt	Williamsburg	Va	44	48:30
30	1196 Shirley Stanley	Richmond	Va	41	48:33
31	1222 Kathy Meunier	Mechanicsville	Va	42	49:00
32	1227 Lynn Cook	Richmond	Va	41	49:08
33	1236 Louise Blanchard	Richmond	Va	41	49:17
34	1252 Sue Beer	Mechanicsville	Va	43	49:28

35	1265 Brenda Swenor	Richmond	Va	43	49:44
36	1291 Nella Timmons	Midlothian	Va	40	50:31
37	1328 Cindy Scott	Richmond	Va	44	51:24
38	1349 Cheryl Drew	Richmond	Va	41	51:41
39	1377 Usha Sundaram	Richmond	Va	40	52:12
40	1385 Amy Feinman	Richmond	Va	43	52:21
41	1397 Jan Jones	Richmond	Va	41	52:26
42	1404 Patti Fogg	Richmond	Va	43	52:29
43	1412 Laverne Waller	Midlothian	Va	40	52:32
44	1437 Geneane Ludgate	Mechanicsville	Va	41	52:49
45	1439 Sherri Zehner	Alexandria	Va	40	52:51
46	1459 Deborah Hopkins	Annapolis	Md	44	53:40
47	1468 Jacqueline Johnson-Curl	Richmond	Va	43	53:54
48	1470 Hattie Barley	Richmond	Va	43	53:58
49	1474 Marlyn Roberts	Midlothian	Va	44	54:11
50	1482 Harriet Condyles	Mechanicsville	Va	42	54:21
51	1497 Laura O'grady	Mechanicsville	Va	44	55:01
52	1512 Mary Ann Cox	Richmond	Va	43	55:35
53	1513 Beth Kirwin	Richmond	Va	40	55:37
54	1524 Sara Waldron	Frederick	Md	44	56:01
55	1540 Janet Rusz	Mechanicsville	Va	41	56:39
56	1542 Shirley Clark	Richmond	Va	41	56:50
57	1557 Janice Lee Rearick	Midlothian	Va	41	57:19
58	1558 Dottie Noe	Midlothian	Va	43	57:20
59	1567 Rhonda Baugh	Richmond	Va	44	58:33
60	1578 Gail Bingham	Richmond	Va	40	59:53
61	1609 Joanie Guglielmi	Glen Allen	Va	43	1:04:04
62	1614 Susan Stiles	Rockville	Md	42	1:05:46
63	1631 Joann Johnson	Richmond	Va	43	1:11:44

MALE 45-49

1	36 Ken Miller	Charlottesville	Va	46	28:05
2	39 Develand Campbell	Lusby	Md	47	28:10
3	49 Rudolph Pekarek	Kinsale	Va	47	29:19
4	86 Jesse Poe	Marietta	Ga	49	31:48
5	88 Rick Platt	Williamsburg	Va	49	31:51
6	92 Bob Townsend	Limestone	Tn	49	32:03
7	98 Don Wilhelm	Richmond	Va	46	32:14
8	123 Michael Wimsatt	Midlothian	Va	49	33:06
9	159 Robert Wong	Richmond	Va	48	34:12
10	160 Jack Beilhart	Midlothian	Va	49	34:13
11	165 Barry Kreisa	Richmond	Va	45	34:28
12	169 Tom Lowenthal	Richmond	Va	46	34:38
13	178 Theodore Cooper, Jr.	Moseley	Va	46	34:52
14	182 Gilbert S. El-Amin	Richmond	Va	47	34:55
15	202 Carl Miller	Richmond	Va	45	35:24
16	211 Carl Depanicis	Beaverdam	Va	49	35:35
17	239 Henry Griffin	Stony Creek	Va	46	36:13
18	241 George Scott	Midlothian	Va	45	36:17
19	242 Ed Carmines	Midlothian	Va	45	36:17
20	244 Bill Hyink	Chester	Va	46	36:22
21	248 David Duvall	Goochland	Va	45	36:24
22	249 Palmer Kirkland	Richmond	Va	47	36:24

23	309 Rick Scherer	Richmond	Va	45	37:08
24	326 Bob Seibert	Midlothian	Va	48	37:19
25	334 Frank Watkins	Midlothian	Va	45	37:22
26	358 Stephen Haddon	Midlothian	Va	48	37:40
27	361 Tom Ariail	Chester	Va	49	37:43
28	376 Lew Lott	Richmond	Va	49	37:59
29	391 Steve Raney	Midlothian	Va	45	38:10
30	396 John Merritt, Jr.	Midlothian	Va	49	38:13
31	413 Roger Nolan	Glen Allen	Va	46	38:30
32	426 Stephen Thomas	Richmond	Va	45	38:41
33	445 Donald Stern	Glen Allen	Va	46	38:51
34	460 Chuck Miffleton	Richmond	Va	49	39:01
35	479 Thomas Berndt	Richmond	Va	49	39:09
36	487 Keith Gardiner	Fayetteville	Nc	46	39:15
37	492 Dean Brooks	Newton	Nc	49	39:16
38	494 Malcolm Rogers	Philadlephia	Pa	46	39:17
39	500 Jeff Hetzer	Mechanicsville	Va	46	39:20
40	505 Charles Coates	Mechanicsville	Va	47	39:21
41	513 Geoffrey Allan	Richmond	Va	46	39:25
42	534 Tim Mcdonald	Richmond	Va	48	39:45
43	540 Sylvester Green	Richmond	Va	49	39:50
44	543 Bruce Highley	Richmond	Va	47	39:51
45	549 Kevin Chase	Richmond	Va	47	39:53
46	554 Ron Birkhead	Richmond	Va	49	39:58
47	556 James Mccray Jr.	Richmond	Va	47	40:00
48	559 Marty Lindsay	Richmond	Va	48	40:02
49	567 Frank Anderson	Richmond	Va	49	40:08
50	584 Randolph Rains	Charlottesville	Va	49	40:18
51	585 James Webb	Yorktown	Va	45	40:18
52	600 Robert Marland	Richmond	Va	46	40:28
53	602 Jim Durham	Midlothian	Va	49	40:31
54	603 John A. Johnson	Richmond	Va	45	40:32
55	605 Norm Tiller	Richmond	Va	49	40:32
56	609 George Randolph	Mechanicsville	Va	46	40:35
57	614 Moe Plumley	Richmond	Va	46	40:37
58	618 Mel Diaz	Glen Allen	Va	48	40:42
59	621 Ry Marchant	Richmond	Va	46	40:43
60	643 Barron Cheatham	Richmond	Va	45	41:03
61	661 Harry Jones	Midlothian	Va	49	41:20
62	679 Bruce Mischal	Prince George	Va	47	41:34
63	693 Greg Yankosky	Delanson	Ny	46	41:41
64	695 Hugh Hemsley	Midlothian	Va	47	41:41
65	699 Gregory Jones	Chesterfield	Va	47	41:43
66	713 Peter Van Holt	Ashland	Va	48	41:57
67	714 Rick Yorgey	Washington	Dc	47	41:58
68	735 James El	Richmond	Va	45	42:16
69	778 Robert Emmett	Williamsburg	Va	48	42:42
70	785 Ayad Al-Hamdani	Earlysville	Va	49	42:49
71	787 Gary Stephens	Richmond	Va	45	42:50
72	802 William Monan	Colonial Heights	Va	46	43:01
73	822 Wade Reynolds	Richmond	Va	47	43:16
74	823 Larry Toler	Carson	Va	47	43:17

75	859 Mike Sarahan	Richmond	Va	45	43:45
76	878 Richard Cottam	Richmond	Va	49	43:57
77	885 Douglas Drews	Richmond	Va	45	44:02
78	886 Robert Drews	Richmond	Va	49	44:04
79	890 Jim Bailey	Midlothian	Va	47	44:08
80	899 Michael Laverty	Richmond	Va	45	44:13
81	925 Brian Benfer	Richmond	Va	45	44:35
82	934 Blaine Hinds	Glen Allen	Va	49	44:41
83	935 Ronald Shaw	Maidens	Va	48	44:43
84	940 Chip Montgomery	Richmond	Va	48	44:48
85	960 David Faulkner	Porstmouth	Va	49	45:09
86	979 Tim Howard	Richmond	Va	49	45:26
87	980 Steve Kouba	Fayetteville	Nc	45	45:26
88	991 Bill Benner	Newport News	Va	48	45:36
89	1013 Skip Folke	Chesterfield	Va	46	45:55
90	1055 William Shindledecker	Richmond	Va	46	46:34
91	1076 Iksung Chi	Richmond	Va	45	46:50
92	1079 Steve Jones	Richmond	Va	49	46:56
93	1080 Kirk Johnson	Columbia	Va	48	46:59
94	1098 Frank Leaming	Ruther Glen	Va	45	47:10
95	1114 John Fisher	Midlothian	Va	45	47:21
96	1121 Al Pierce	Midlothian	Va	47	47:27
97	1125 Herbert Morgan	Glen Allen	Va	47	47:30
98	1146 Philip Knidsely	Richmond	Va	45	47:44
99	1159 Bob Harris	Mechanicsville	Va	45	47:57
100	1188 Jay Denny	Richmond	Va	48	48:24
101	1217 James H. Johnson	Charles City	Va	45	48:57
102	1230 John Byrne	Richmond	Va	46	49:12
103	1237 Bruce Carroll	Mechanicsville	Va	47	49:18
104	1239 David Wall	Richmond	Va	47	49:19
105	1264 Frank Pacific	Midlothian	Va	48	49:43
106	1331 William Hutchison	Richmond	Va	48	51:26
107	1364 Stephen Retherford	Richmond	Va	48	51:57
108	1434 Chris Alberta	Glen Allen	Va	46	52:42
109	1451 Richard Prentiss	Richmond	Va	48	53:28
110	1461 Tony Zatkulak	Midlothian	Va	49	53:43
111	1481 Mark Shreve	Midlothian	Va	45	54:18
112	1541 Stuart Loth	Richmond	Va	46	56:40
113	1574 Glenn Wright	Richmond	Va	48	59:03
114	1610 Bruce Koenig	Mebane	Nc	49	1:04:05
115	1624 Thomas Floyd	Colonial Heights	Va	45	1:08:46
116	1637 David Mcclelland	Chester	Va	48	1:15:31
117	1651 Linwood Gray	Richmond	Va	45	1:32:45

FEMALE 45-49

1	279 Patsy Tudor	Richmond	Va	49	36:41
2	362 Landon Delsordo	Richmond	Va	48	37:43
3	506 Susan Cieslak	Richmond	Va	45	39:22
4	563 Lynn Carter	Chester	Va	49	40:06
5	657 Betsy Daniel	Richmond	Va	46	41:13
6	745 Janet Dresch	Midlothian	Va	45	42:22
7	832 Cheri Nutty	Richmond	Va	46	43:25
8	842 Virginia Boothe	Charlottesville	Va	46	43:32

9	875 Charlotte Harman	Atlanta	Ga	48	43:54
10	889 Roxanne Wall	Richmond	Va	47	44:06
11	920 Julie Poe	Marietta	Ga	48	44:32
12	936 Brenda Mitchell	Williamsburg	Va	49	44:44
13	949 Angelina Overvold	Richmond	Va	49	45:00
14	959 Rita H. Willis	Richmond	Va	49	45:09
15	970 Sharon Toler	Carson	Va	45	45:15
16	990 Darcy Mahler	Virginia Beach	Va	48	45:35
17	1040 Barbara Klein	Midlothian	Va	45	46:19
18	1075 Sally Mcgroarty	Richmond	Va	45	46:48
19	1132 Beth Marchant	Richmond	Va	45	47:36
20	1157 Sandy Liles	Greenville	Sc	45	47:56
21	1165 Marie Stewart	Richmond	Va	45	47:59
22	1202 J. Laverne Brown	Roanoke	Va	48	48:38
23	1254 Kathy Vesley	Urbana	Va	45	49:30
24	1270 Kathy Flowers	Ashland	Va	46	49:54
25	1298 Corinne Gray	Mechanicsville	Va	47	50:43
26	1302 Nancy Whitehurst	Richmond	Va	49	50:50
27	1368 Susan Shackelford	Glen Allen	Va	45	52:00
28	1456 Betty Isaacs	Richmond	Va	46	53:37
29	1460 Sally Zatkulak	Midlothian	Va	49	53:42
30	1463 Jo Mcdowell	Midlothian	Va	45	53:45
31	1477 Judith Freer	Midlothian	Va	45	54:14
32	1480 Marla Shreve	Richmond	Va	45	54:17
33	1489 Cynde Liffick	Richmond	Va	45	54:36
34	1495 Elaine Gardner	Mechanicsville	Va	46	54:54
35	1499 Barbara Anderson	Richmond	Va	45	55:04
36	1502 Bobbie O'donnell	Richmond	Va	45	55:08
37	1523 Angela Roberts	Richmond	Va	46	56:00
38	1533 Dawn Dibenedetto	Richmond	Va	46	56:19
39	1535 Kitty Witthoefft	Richmond	Va	45	56:24
40	1538 Marsha Morgan	Glen Allen	Va	47	56:37
41	1544 Katherine Mccary	Midlothian	Va	46	56:53
42	1559 Carol Martin	Midlothian	Va	49	57:23
43	1566 Nancy Moffitt	Hayes	Va	48	58:17
44	1579 Barbara Bonn	Richmond	Va	48	59:56
45	1593 Constance Heller	Powhatan	Va	48	1:01:39
46	1596 Susan Roberts	Richmond	Va	48	1:01:50
47	1598 Karen Creech	Richmond	Va	46	1:01:51
48	1626 Leigh Hershey	Mechanicsville	Va	49	1:10:04
49	1629 Karen Salter	Richmond	Va	46	1:11:41
50	1633 Terri Cheney	Richmond	Va	45	1:12:22
51	1644 Maria Royall	Chesterfield	Va	48	1:21:52
52	1647 Elizabeth Thurston	King William	Va	47	1:22:07

MALE 50-54

1	75 William Harman	Atlanta	Ga	51	31:24
2	85 Emmons Welch	Bateville	Va	54	31:47
3	90 Daniel Turner	Richmond	Va	52	31:54
4	94 Dennis Lamountain	Richmond	Va	54	32:08
5	97 Tom Doyle	Midlothian	Va	51	32:14
6	112 Daniel Scott	Richmond	Va	50	32:42
7	117 Jim Bell	Charlottesville	Va	54	32:57

8	135	Jimbo Vanlandingham	Petersburg	Va	50	33:42
9	153	Johnnie Wallin	Chesterfield	Va	51	34:10
10	158	Ray Williamson	Petersburg	Va	54	34:12
11	192	Tom Willard	Mechanicsville	Va	50	35:08
12	203	Ray Drinkwater	Richmond	Va	50	35:24
13	238	Peter Opper	Richmond	Va	53	36:12
14	246	Kent Cooper	Richmond	Va	53	36:23
15	252	Robert Burrell	Richmond	Va	52	36:25
16	292	Bruce Summers	Richmond	Va	53	36:51
17	315	Jerry Johnson	Midlothian	Va	52	37:12
18	320	Richard Moon	Charlottesville	Va	52	37:15
19	324	Bobby Berndt	Richmond	Va	50	37:17
20	345	Barry White	Moseley	Va	54	37:28
21	355	John Bartholomew	Richmond	Va	50	37:36
22	367	Mike Henrich	New Kent	Va	53	37:49
23	400	Jerry Walsh	Midlothian	Va	52	38:21
24	457	Lee Hamlin	Richmond	Va	53	38:59
25	475	Frank Helander Jr.	Mechanicsville	Va	52	39:08
26	489	William Dorer	Richmond	Va	53	39:15
27	511	Steve Harris	Midlothian	Va	54	39:24
28	514	Ambrose Jones	Richmond	Va	51	39:25
29	518	Carter Ritchie	Harrisonburg	Va	52	39:28
30	551	Norm Ledgerwood	Midlothian	Va	52	39:57
31	562	Graham Patterson	Richmond	Va	54	40:05
32	577	Ronnie Couper	Elizabeth City	Nc	50	40:13
33	583	John R. Purcell, Jr.	Midlothian	Va	50	40:17
34	587	Keith Christiansan	Midlothian	Va	53	40:20
35	593	Henry Altice	Roanoke	Va	51	40:24
36	606	Greg Reese	Poquoson	Va	51	40:33
37	632	Bill Daultte	Richmond	Va	52	40:56
38	640	John Scott	Richmond	Va	53	41:00
39	663	Joel Koci	Rockville	Va	53	41:21
40	670	Jim McMurray	Richmond	Va	51	41:26
41	675	Francisco Gil	Richmond	Va	50	41:30
42	676	Leon Williams	Chester	Va	50	41:31
43	677	Weldon Bradshaw	Richmond	Va	51	41:32
44	686	Kirk Bailey	Midlothian	Va	50	41:38
45	694	Ralph Capps	Raleigh	Nc	54	41:41
46	718	Kevin Shea	Midlothian	Va	50	42:02
47	738	Russ Palmore	Richmond	Va	53	42:19
48	742	Thomas Taylor	Glen Allen	Va	50	42:21
49	766	Robert Perrow	Richmond	Va	51	42:32
50	804	Rod Shortell	Midlothian	Va	53	43:01
51	834	Nicholas Liberante	Ashland	Va	50	43:27
52	869	David Chase	Virginia Beach	Va	50	43:50
53	945	Jim Doran	Richmond	Va	50	44:54
54	961	Leigh Thornton	Richmond	Va	52	45:09
55	1030	Jim Cieslak	Richmond	Va	52	46:08
56	1032	Archie Abaire	Beaverdam	Va	53	46:10
57	1050	Randall Honaker	Hopewell	Va	51	46:29
58	1052	William Handley	Midlothian	Va	52	46:31
59	1057	Don Pratt	Williamsburg	Va	51	46:35

60	1065 Sam Creef	Midlothian	Va	50	46:39
61	1088 Thomas Conaty	Richmond	Va	52	47:04
62	1123 John Gruszkos	Richmond	Va	51	47:30
63	1135 Pete Heiberger	Richmond	Va	52	47:37
64	1184 John Svirsky	Richmond	Va	51	48:21
65	1186 Donald Talley	Midlothian	Va	53	48:22
66	1187 Nicholas Germane	Richmond	Va	50	48:24
67	1235 Charles Smith	Mechanicsville	Va	53	49:16
68	1311 Tod Balsbaugh	Richmond	Va	54	50:56
69	1319 Tom Brown	Richmond	Va	52	51:05
70	1324 Cullen Rivers	Richmond	Va	54	51:19
71	1362 Tom Fernald	Richmond	Va	50	51:55
72	1387 Jerry Oliver	Richmond	Va	52	52:22
73	1469 Chuck Lowman	Richmond	Va	50	53:55
74	1472 Michael Leeper	Petersburg	Va	50	54:02
75	1488 Gregory Gaynor	Salisbury	Nc	51	54:35
76	1553 Allen Todd	Chesapeake	Va	53	57:12
77	1570 Terry Barker	Richmond	Va	52	58:52
78	1573 John Bass	Bracey	Va	52	59:00
79	1632 John Stallings	Hopewell	Va	51	1:11:53

FEMALE 50-54

1	625 Judith Schoolwerth	Richmond	Va	54	40:47
2	830 Linda Aspinall	Midlothian	Va	51	43:24
3	895 Susan Hefty	Richmond	Va	51	44:11
4	930 Lois Love	Richmond	Va	51	44:39
5	946 Betty Segar	Blacksburg	Va	51	44:56
6	976 Florrie Gardner	Midlothian	Va	52	45:22
7	983 Joan Isaac	Richmond	Va	52	45:28
8	1006 Deborah Downing	Richmond	Va	52	45:49
9	1096 Patricia Worley	Richmond	Va	50	47:09
10	1107 M. Leigh	Chester	Va	54	47:15
11	1140 Tina Andes	Richmond	Va	50	47:41
12	1150 Christine Ryland	Richmond	Va	50	47:51
13	1207 Kathleen Grant	Barhamsville	Va	52	48:46
14	1231 Valerie Naquin	Richmond	Va	51	49:12
15	1278 Jan Niemeier	Mechanicsville	Va	52	50:06
16	1366 Pamela Driggs	Dutton	Va	50	51:58
17	1370 Ann Marie Calabria	Cary	Nc	52	52:01
18	1464 Linda Eicher	Midlothian	Va	51	53:46
19	1504 Pamela Lane	Dunnsville	Va	52	55:10
20	1505 Kitty Mcgrath	Harrisonburg	Va	50	55:11
21	1508 Jane Iaculli	Pittsford	Ny	52	55:24
22	1515 Leanora Johnson	Columbia	Va	54	55:44
23	1525 Shirl Isley	Midlothian	Va	50	56:02
24	1546 Cary Wing	Richmond	Va	52	56:57
25	1571 Elizabeth Schaller	Richmond	Va	51	58:53
26	1601 Georgie Thweat-Johnson	Richmond	Va	54	1:02:03
27	1604 Wendy Mcsweeney	Powhatan	Va	50	1:02:53
28	1606 Joyce Robinson	Richmond	Va	50	1:03:30
29	1618 Lucy-Dahl Swartz	Richmond	Va	54	1:06:47
30	1625 Trink Dahl-Prince	Virginia Beach	Va	52	1:09:48
31	1630 Yvonne Haynes	Richmond	Va	52	1:11:43

32	1641 Nancy Wicker	Mechanicsville	Va	51	1:20:22
MALE 55-59					
1	70 Ben Dyer	Colonial Heights	Va	56	31:10
2	122 Bob Spencer	Williamsburg	Va	57	33:03
3	207 Stan Majka	Maidens	Va	56	35:30
4	228 George Nixon	Richmond	Va	57	35:56
5	276 Jessie Goode	Glen Allen	Va	56	36:38
6	298 Jerry Meekins	Richmond	Va	57	36:59
7	352 Phil Baker	Walkerton	Va	57	37:34
8	368 Ed Sadowski	Williamsburg	Va	57	37:50
9	424 Jerry Hill	Newport News	Va	55	38:41
10	429 Robert Hetherington	Richmond	Va	58	38:44
11	501 Wesley Childress	Richmond	Va	57	39:20
12	508 Bob White	Richmond	Va	59	39:23
13	544 Girvis Farrar	Baskerville	Va	56	39:51
14	552 Vance Tate	Richmond	Va	55	39:58
15	564 James Teachey	Richmond	Va	58	40:07
16	615 Thomas Harris	Richmond	Va	55	40:38
17	637 Robert Turner, Sr.	Richmond	Va	57	40:59
18	641 Andrew Delsordo	Richmond	Va	56	41:02
19	748 Ed Stover	Richmond	Va	57	42:23
20	762 Guy Carpano	Midlothian	Va	55	42:30
21	805 Philip Roberts, Jr.	Richmond	Va	59	43:03
22	827 Donald Woolford	Richmond	Va	55	43:22
23	841 Robert Byrd	Chesterfield	Va	57	43:31
24	904 Dale Allison	Richmond	Va	55	44:17
25	905 Roland Pittman	Glen Allen	Va	55	44:18
26	913 Mccoy Welch	Highland Spring	Va	57	44:25
27	968 Roger Hamill	Midlothian	Va	56	45:15
28	1010 Charles Montijo	Midlothian	Va	56	45:52
29	1018 J.r. Wilburn	Midlothian	Va	56	45:57
30	1087 Barry Crawford	Midlothian	Va	56	47:03
31	1191 Robert Greene	Richmond	Va	55	48:28
32	1255 Robert Cohen	Richmond	Va	58	49:30
33	1294 James Pierson	Richmond	Va	56	50:39
34	1338 Richard Alford	Midlothian	Va	59	51:30
35	1342 Ron Evans	Midlothian	Va	55	51:37
36	1343 Jack Horne	Richmond	Va	56	51:37
37	1354 Andy Beale	Richmond	Va	58	51:47
38	1408 Gray Glass	Richmond	Va	56	52:31
39	1471 Alfred Barber	Elizabeth City	Nc	55	54:00
40	1478 Malcolm Briggs	Richmond	Va	57	54:16
41	1591 Glen Burley	Richmond	Va	57	1:00:58
42	1600 Rush Morrison	Midlothian	Va	58	1:02:03
43	1613 Douglas Carper	Richmond	Va	55	1:04:39
44	1635 Clinton Turner	Richmond	Va	56	1:14:22
FEMALE 55-59					
1	571 Charlene Magee	Midlothian	Va	57	40:10
2	933 Margaret L. Broaddus	Richmond	Va	57	44:40
3	1024 Judy Ellen	Mechanicsville	Va	58	46:06
4	1115 Christine S. Wright	Richmond	Va	59	47:21
5	1234 Mary Lynn Applegate	Raleigh	Nc	55	49:14

6	1360 Jayep Johnson	King George	Va	56	51:53
7	1500 Janice Roback	Richmond	Va	58	55:06
8	1530 Peggy Duvall	Richmond	Va	58	56:14
9	1583 Barbara Gray	Midlothian	Va	58	1:00:15
10	1607 Linda Orban	Glen Allen	Va	56	1:03:54
11	1634 Carole Findley	Raleigh	Nc	59	1:14:21

MALE 60-64

1	38 Jack Nelson	Winnetka	Il	60	28:08
2	104 Skip Mullaney	Charlottesville	Va	60	32:29
3	146 Gary Hicks	Midlothian	Va	60	34:01
4	221 James Schue	Richmond	Va	62	35:46
5	289 Haywood Hicks	Mechanicsville	Va	60	36:50
6	425 J.c. Hickey	Richmond	Va	60	38:41
7	430 Hank Lorish	Williamsburg	Va	60	38:45
8	471 Panayotis Eliades	Richmond	Va	60	39:07
9	612 Art Patton	Hickory	Nc	61	40:36
10	644 Robert Ryland	Richmond	Va	60	41:03
11	789 Frederick Burger	Richmond	Va	60	42:51
12	794 Bob Aveson, Sr.	Sandston	Va	62	42:55
13	845 Robert Mccowen	Richmond	Va	63	43:34
14	856 James D. Farmer, Sr.	Richmond	Va	62	43:43
15	902 Stanley Goldman	Richmond	Va	63	44:15
16	910 Stephen Cleal	Alexandria	Va	60	44:22
17	963 John Borgard	Richmond	Va	61	45:12
18	971 Tom Bardo	Petersburg	Va	61	45:17
19	1004 John Votta	Richmond	Va	64	45:48
20	1023 Dr. G.h. French	Richmond	Va	61	46:04
21	1071 Roy High	Hopewell	Va	62	46:45
22	1176 Al Broaddus	Richmond	Va	60	48:10
23	1219 Richard Thornton	Richmond	Va	64	48:58
24	1221 Bernard Molenda	Philadelphia	Pa	61	48:59
25	1233 Lou Messier	Williamsburg	Va	63	49:13
26	1310 Earl King	Chesterfield	Va	62	50:55
27	1321 Richard Prince	Virginia Beach	Va	60	51:09
28	1332 Robert Eicher	Midlothian	Va	63	51:26
29	1447 Cotesworth Pinckney	Richmond	Va	60	53:21
30	1466 Jim Hardin	Chesterfield	Va	62	53:49
31	1486 Charles Swezey	Richmond	Va	64	54:30
32	1501 Allen Taylor	Richmond	Va	60	55:08
33	1527 Phillip Welker	Roseland	Va	64	56:10
34	1532 Robert Petres	Richmond	Va	60	56:18
35	1536 Ed Bryant	Richmond	Va	63	56:32

FEMALE 60-64

1	1061 Barbara Guerrieri	Richmond	Va	63	46:38
2	1345 Judy Kirchoffer	Waukesha	Wi	62	51:38
3	1611 Madge Bush	Midlothian	Va	61	1:04:21
4	1617 Julie Sugarman	Richmond	Va	64	1:06:47

MALE 65-UP

1	595 Sal Santory	Hopewell	Va	71	40:25
2	619 Francis Bush	Midlothian	Va	66	40:42
3	651 Edwin Moore	Richmond	Va	65	41:07
4	702 Ron Henry	Richmond	Va	66	41:48

5	850 Tommy Witten	Richmond	Va	66	43:38
6	1081 Grady Whitehorne	Richmond	Va	69	47:00
7	1245 L A Brown Sr.	Roanoke	Va	79	49:23
8	1309 Wilson Sheridan	Richmond	Va	66	50:55
9	1384 Bray Young	Hanover	Va	72	52:20
10	1409 Jack Taylor	Richmond	Va	71	52:31
11	1418 James Lybarger	Irvington	Va	70	52:35
12	1467 Robert Merian	Richmond	Va	73	53:51
13	1509 Bobby Moore	Wake Forest	Nc	66	55:28
14	1510 Alfred Grebe	Richmond	Va	73	55:31
15	1555 Paul Dansberger	Highland Springs	Va	67	57:13
16	1561 William Martin, Jr.	Richmond	Va	72	57:34
17	1608 Ernie Irby	Richmond	Va	65	1:03:55
18	1612 Lee Vessels	Aylett	Va	74	1:04:26

FEMALE 65-UP

1	1053 Janet Lakey	Richmond	Va	66	46:31
2	1493 Joy Duke	Richmond	Va	65	54:44
3	1562 Abby Goodman	Richmond	Va	71	57:50
4	1581 Nancy Welker	Roseland	Va	65	1:00:06